

GDL May 3, 2023

What scare the So here is our Jari unbox it you wanna get it charged up you use this fantastic charger over here This is the output over there and it has an extra cable like this with the ability to charge it in your car So that is really cool So we have it all charged up It has here you can press on the display You can see now that it is not drawing any power it is not bringing in any power and it is 99% charged which is cool So as you wanna use all your separate things you can turn on the little lights and it will show you as you can see there that now you can draw power out of them or you can turn them off just like you would at home if you do if you wanna leave something plugged in but not having a draw power there you can turn it off So let's have some fun and see what our Jay can fire up So in the past we have used the Jari to light up our lives with go We have charged our cell phones and we have done a few other things but oh we've even lit up the Arrow Garden How amazing is that that we were able to light up the Arrow Garden But today we're gonna push the query to the limit and uh we are gonna take a look at the this works What's this This works That car vacuum Awesome Very cool And we could even take a look at Tabi used it And uh how amazing is this Oh my goodness You can just keep on going and going and going You can get into every little look and cranny in your car with all of this How awesome So this is what we're gonna do We're gonna stick it into our query Let's do it this way So you guys can see what I'm doing Turn it on it's a little light and the display have gone on because we are about to fire this up Thank you Mr Jay There we go That is cool So let's see what else we can fire up today I mean that you can I mean that is just so cool You see powerful vacuum Jay fired it up Let's have a look at some of the other things that we can um fire up today Welcome back to Good Day Live You're just tuning in for the very first time I'm Michelle Murad Welcome to the show along with my good buddy Kyle Trueblood Angel with a crook and we Got Andy in the studio today is May 2nd uh 2023 May 3rd May 3rd 2023 We're so happy You're in the studio with all of us We're broadcasting to you live from Los Angeles California If you're new to the show Welcome Welcome Welcome It's Hump Day It's Hump Day How are you doing Getting over that hump Getting over that hump How you doing Good good Feels like a Wednesday It feels like a felt like a Wednesday It's sunny out So congratulations to L A Uh one of our 12 days so far this year with uh so happy to see you like you the weather man Now I had that tone Didn't I start getting that tone We had a

high of 63 today and a who with a barometric pressure of 15% Well I hope you guys are bundled out there today because we are gonna have a brisk one Ok No no go for it I wanna hear the ratings in the chat and the chat Yeah I wanna hear How are you doing What the chat I mean we had 994 viewers at like a minute which was exciting viewers yesterday Yeah Yeah Yeah Chatted with us you know do Park was on yesterday so we give them a little grace and space for Dolly Parton Um and yeah how is your how is your Wednesday going so far You know the Wednesday's Ok Ok Ok We're gonna make it better with the show Have a good day have a good day Wednesday is going great Um A lot of awesome things are in the pipeline Um One of them being the kids camp or not camp workshop it's a workshop I'm so so excited about this This is something I've been dreaming of wanting to do forever and ever and ever and ever and ever and ever I I do believe very much that I was gifted with the amazing ability to connect with kids because I see the world like how a child does with wonder and excitement And I thank the lucky guys above I haven't been jaded Um And I've been through stuff I have these moments where like hey I get down but like I like to just I like to keep things light Um And so it only made sense to make sure that kid is going to be going to get all the potential out I want like a coach Yes Yes You're more like like a mentor like a friend I'm more like a coach Yeah Yeah Yeah Like I'm going to make sure this kid gets has fun is enthralled is enthusiastic is engaged but also getting all that potential out I want to squeeze it all out You want it all out all the potential You got to get it all out I'm with you I want to squeeze all the potential out of you and your child and have them join this epic epic opportunity Listen it's a very exclusive only 10 kids per session We only have a couple of sessions going on this summer so make sure make sure you check it out Um It's gonna be huge Kids are gonna be able to learn how to interview learn how to interact They're not just gonna be like heads in their devices they're gonna be talking to other people They're gonna have their own show they get to go home with and they get to just ultimately leave having a good time and feel better about them I do want to like like and we're creating like a process there where we find out what they want to say Like what do you want to say on the show What inspires you What do you want to find out about other people How do you do that What's your way of talking and engaging with people Have them find that out about themselves It's going to be pretty interesting It's going to be awesome and I'm excited to help you and your child hone in on their voice and exactly what Kyle said what they're trying to say and what they want to say in the world and to make

their mark and to add value to everyone around them I am ready to uh do this I'm so so excited I told you this came to me um I used to have my own talk show when I was seven years old in my parents' basement And one day at the studio here at studio place which is a magical place Talk about this about this parents talk show all the time Who was your first guest My magical first guest on my own talk show at the age of seven was Barbie and Barbie has a movie coming out So it was pretty good if I had Margot Robbie on how did the interview go Uh It was she was a little quiet Barbie didn't say too much That's an interesting thing in the kids camp What do you do What do you do when you're interrupted or when they're too quiet Yes that's a good interviewer Yeah I think I mean ultimately it's not just about interviewing it's all having fun along the way right Like we don't want to put too much too much pressure I'm a coach Yeah everyone's gonna have fun about to be in the middle of the table Everyone is about to have a lot of fun kids talk show summer workshop Take two Hey there I'm Michelle and you are in studio place and I am proud to announce the kids talk show summer workshop I'm so so so excited I'm vibrating Talking about this You have to know this has been a project in the making since I was about seven years old I used to set up my camera in my parents' basement and have my own talk show And now I'm so excited to give back to the next generation of talk show hosts or those that want to have their own show Listen if you know a kid that has the gift of gab or just loves communicating then this program is for them or somebody who needs help with their confidence skills We're only accepting 10 kids per session per week So make sure make sure you sign up Space is limited This is an epic program I'm telling you kids are going to be able to work with professional producers hosts have their own show It's gonna be just epic and I can't wait for kids to see what they're going to create with me Make sure make sure make sure you sign up quickly because spaces are limited and I can't wait to see what your kid creates Well good You have a lot of you have a lot of experience with Children So this is gonna be like a piece of cake for you Yes It's gonna be two worlds two worlds blending together It's got like the nanny worlds and then the on camera host world blending together and I'm beyond excited Yeah I'm very excited My friends ask me to babysit a lot Maybe that's a good sign Yes it's a great sign my God So they were like take them please and they just they just left me there Of course you were great with kids Brandon did the same thing That's great You're great with kids Oh no Yeah guy Uh boy and girls both great with kids I'm excited to see you I see you in the action Kids love me I don't know You know what it is I read

maybe like 10 years ago that do not let Google Gaga A child talk to them Like they're an adult Don't even have a Yeah like even people like hi how are you They don't need that No they're little people They're a person nonetheless So you don't have to talk to them like well little people I think is something else these days No no no they're little people Like I I think um height uh height incline or height height Oh my God we just is every week Are we just thinking of new phrases to have You know what I want my co-host Ladies and gentlemen I can I tell you what is I can't read it Michelle can I tell you something My name is Rob from Texas Hi Rob from Texas Hey thanks for tuning in Uh This is Kyle Kyle from Jersey Hey Rob I'm here too How are you doing I think your objective has already been uh shown Rob come in as a friend first as a friend Yeah you gotta come in like easy Not so hot Rob Welcome Welcome to the show You want to know where you're coming in from in Texas and how your uh Wednesday is going Thanks for the follow By the way Mr Amazon customer Appreciate you Appreciate you appreciate you Rob Tell us more about yourself and if you would like Rob if you're still watching let's why don't you play a game with us We're gonna play a game later in the show We'd love you to play with us Yeah Yeah Yeah Would love it if you stuck around I would love it if you stuck around Thanks Rob Thanks See you soon Um Let's get into the headlines shall we Yeah Yeah Yeah I want like I want one of those names you know like we got height challenged over here We got you have BDE What's Big Dad Energy Uh You love that You love that when I said that to you Yeah Yeah Yeah Yeah But is that something I can you know I can really use you can use that on dates You can be like I got BDE and then they'll think about something else and then it will be No I think they'll think it's cute All right Well good luck I wish you nothing but the best I wish you nothing but the best Let's get into it first Funny stuff of the day How bad do you need a vacation Me I just took one like three weeks ago and I'm I'm that guy still 100% You are that guy I'm about to get on a plane tomorrow I'm kind of excited kind of nervous Um I'll be leaving here directly after the show to hop on a plane and go to I want to say Mexico but it's not my family Yeah it's always good to see the family Always good to see the family Um excited about seeing that at all About taking a plane Yeah You know I am Uh it's been a minute You're not you're not a triangle you're not gonna disappear I hope not I better not disappear Planes fly a day Speaking of flying I'm kind of afraid of this This dude was staring at me on the plane trying to start You can't be afraid of this and look at this guy look at this guy This dude was staring at me on the plane trying to

start something up If that kid start looking at me on the plane I'd be like uh at some point you have to tap the parents' book Excuse me You know your child's um kind of freaking me out a little bit Um There's so much there's so much just get into it We're getting into so much This is this is for you just told my kids I'm older than Google They think I'm joking If you're born before September 4th technically if you're born before September 4th of 1998 Congratulations You are older than Google and September 4th Is my mom's birthday So that's a cool thing Really Yeah my mom your 1988 or 1998 1998 is when Google came out Yes Google came out This is crazy Google comes out the year I go into public school Um and then aim comes out the same year Facebook comes out I'm sorry the iphone comes out my first year of high school and then Facebook comes out my first year of college and then Instagram comes out the first year I get out of college It was like 80 seven was the year to be born Apparently it was the year you get to college You're like ok how do I meet people And they're like here there's this new thing called Facebook There's this new thing called it was huge It was huge You can remember writing on people's walls and poking them I never poked anyone I think that was a dude thing for girls I was getting poked all the time Ok Making we're gonna talk about some light things before we get into some heavy things I wish everything was as easy as getting fat It's not that easy for me to get fat I have seen Kyle eat food right You Kyle I love Kyle He is like what 12 pack and he eats fried food fried yesterday He ate this giant Sub and you still look like this You woke up like this Not fair but I try to tell people there's two things about my diet Ok I eat a lot of food but I don't gorge I eat until I'm like 80% full Uh I don't eat that Like too many meals like that I'll eat like one big meal a day maybe two maybe two But I I never eat three big meals like that a day That's crazy too Probably You don't eat that much But when you do eat a lot a lot Um but also I think this is the biggest thing chewing my food like I eat very slow You do eat very slow But that's that's good for your digestion I'm teaching my cells and my body that no it doesn't have to store it like oh my God I don't know what he's gonna eat again He's eating like I should do that anymore This is the layman term but it's this is basically what's happening So if you eat slowly you're teaching your metabolism to just you know food's gonna keep coming it's gonna keep coming Hour later Foods still coming Ok Cool We can just pass it Yeah cool You know what's not cool Uh and his wife of 18 are getting divorced Is that a recent picture of Costner Yes you're telling me Cost Kevin Costa looks like that today Yeah Look at his wife She looks like that today too They have

great dermatology Hold on That's what Kevin Costa looks like Today Yes Remember you're not ugly You're not ugly or old You're just poor Kevin looked just like that in Robin Hood 30 years ago Morgan Freeman is aged 90 years Morgan Freeman looks exactly the same to me Look at Kevin and and and Morgan together Now look at Kevin and Morgan together today Kevin looks like he's probably had a little bit of work and that's ok He looks great Remember we're gonna have doctor on shortly and we're gonna talk about like how like you know you can't even tell once but he has work because it's done so well Kevin's probably one of his clients No I don't know about that but I don't think so I don't think so You know what Kevin did that I got I got to just shout out for he played Superman's dad and did a fantastic job He I think he played the best dad I don't know if Henry Cavill gets the nod for best Superman I think uh Reeves is always gonna get it But the dad hook and Costner when cost the Twisters coming and Costner goes don't save me and his son's superman And he told his son not to save him Chill chill Shout out to Kevin Costner Shout out to Kevin Costner Shout out to um Woody Harrelson Look at this that Kyle this is for you His mom had a relationship with my dad right around the time he was conceived that seems like a big coincidence Matthew mcconaughey and Woody might actually really be brothers Did you know did you see this We were talking about this for two weeks Get DNA have the money Let's go Ok Hold up Woody Harrelson's mom had a relationship Wait no no no no no no I'm sorry Matthew mcconaughey's mom No Matthew mcconaughey This is talking about his mom had a relationship with my dad Oh yes His mom meaning um Matt's mom had a relationship with his dad Right around the he was conceived That seems like a big coincidence Do we think they're brothers I mean do they look that much alike They don't look that much alike But have you seen True I didn't know they were that close I don't know his mom No I've only I've only seen a few scenes Oh my God I was like well what is this Did you saw the scene when mcconaughey has has relations with Woody's wife You saw that I seen scenes where I'm just like uh what is this It's not something I wanna be watching No it's actually such a good scene because the way that they deal with it afterwards is so realistic to me we have more in the chat I can't see it No forget about it If you're not talking about anything appropriate not gonna talk about it anyhow Um if you watch True Detective first season they still they still a show I mean they're like brothers They really are and the energy between them you can just they don't have to say anything You're just watching the two of them sit there together I didn't even

know that they were like how how does Matthew mcconaughey's mom know his dad Well we were at the topic of neo babies yesterday So but like that's I know Definitely not He got his start in days of confused Yeah He got his start in Texas He was in Hawaii when he actually got the script He wasn't in Texas when he got the script I think I think he he went to school in Texas studied drama and then he got a commercial in Texas I think you met the guy in Australia It's always Australia with you Um not so great news We will pull this up anyway 911 canceled by Fox saved by another network in TV Shocker Um you know this is something we've been talking about recently picked up Someone else picked up 911 Yeah Yeah Yeah Um they found a lifeline in ABC which is cool Uh but we've been talking about this recently that like me like me Yeah it's expensive Yeah She's everywhere I know that she's in it Yeah Yeah Yeah Yeah That's a great star set of cast Um listen it's expensive it's expensive to make stuff It's expensive to keep it going And then as you grow people want more and more and more because that's just the way the world works Have you ever seen the commercials for this show I've never seen 911 Have you seen 91 Have you seen the commercials Uh no I have not I oh my gosh it's like tragedy every day It's it's a very um it gets the anxiety going I'm not I'm not sure I'm I'm there every episode There's like a black hole with a baby about to fall through it or like some twister running through a city that's never had one before Something crazy You see the show though That they're keeping it going They're you know they're they're keeping the dream alive See something crazy Yeah OK Here we go Skyrocket with the lights It's skyrocket in flight You sure thank you It tastes like nothing Deal breaker Red flags Never have I ever everything but pencil those and watch your mouth Essentially I'm ready to play I gave you seven options and you still managed to pick the two I didn't want you can hear yourself just whining just now You can hear the octave you hit you just keep bringing it closer But I I don't really like pencil mo here Give it to me See did you see the time when you hit again Lots of complaining Lots of lots of scoffing off All I asked for was headbands and he didn't bring it over Simple request You ready for winning Who was the daddy for all their So what I've never heard nannies I baby sat I mean it's not me I think it's you you're the one I'm not scoffing You are So technically I think you should take your own advice Kyle You know I bring value to your life just a minute Are we good Are we good to go live Are we live right now This will get the most views Watch this Black Stream get the most views You don't have oranges for dessert Yes I have in the past you have in the past What does that mean You

had an orange at late night Not for dessert Just happened to have it Have you gone to a restaurant where they're like do you want the fruit salad for I promise you There's no restaurant with a fruit salad for dessert in DC Yes there are the PM The Palm had fruit I had I'm gonna Google it Google it I'm gonna Google the Google Let's deserve the I'm gonna Google it Let's preserve the pump No one has the oranges We're in the turkey I knew it I knew it I could feel it from you that we were in the turkey energy And what did you draw by the way Campfire A camp fire Yeah we're struggling today We are struggling We didn't start with music That's why you love me I love you too Let's try one more Let's get one more in you're a mean man Why am I so mean what you came off So mean I thought you did I thought it was pretty funny Yeah obviously you would think I was mean Yeah because you were like we're an old married couple without being old or married I like that Do you like that If you were an all without being older And I was like you were like we have a whole another short We always have we always have good stuff We're gonna get a I to start generating like our clips for sure That's so subjective And I am too I was like you keep bringing pencil no closer but I don't want it I thought I was I thought I was rather you're OK What I want you always have to share what you in a great relationship in a great relationship You talk about what you want with your partner or without being old and married What I also love is that I got to see how many shades of gray and blue I really own in That clip has been stuck on my head since like Monday or since Sunday Actually this looks very similar to my other suit But when you put it side to side like oh it's actually slightly different Yeah we get dressed we get dressed Um Is this is this is this is Rob seven I'm an orphan Yeah we're gonna move on right along Moving right along Kyle Everyone wants me to like watch them It's the it's the beginning of the beginning of the kids' camp It's the beginning of the kids camp of all the kids that are gonna come in I think orphanage have a thing for for us though Like I don't think it's a real orphanage Yes they are just messing with us Um John Bon Jovi is not going to give love a bad name He responds to criticism over his son Jake's engagement to Millie Bobby Brown That's his son I didn't know Bon Jovi went to the high school right next to my middle school Oh that's cool Um Look look do they look alike to you John and his son I mean you seen John Bon Jovi in when he was that age Yeah Yeah Yeah I yeah I have the same eyes I think John's just squinting same same nose Oh no John's lips look way bigger Maybe they a little bit differently But um so what did John say about this You know like because the the you know the

controversy is that she's so young and they're young How old is his son I think he's 22 I could be wrong but I'm like I'm not trying to like you know love is love Listen if it doesn't work out they can get divorced Of course he's not gonna say anything against it about his son his son like they they could stay together forever I hope they do Um But everything has a time in the season and maybe their season is more like you know who's not getting together for much longer Cher and her boyfriend Alexander Edwards officially break up There is a lot of criticism with this one too Can you tell why Why was there criticism There is criticism because Cher is in her late seventies She Cher is in her seventies late seventies or seventies How old is how old is Cher Um And I think uh Cher's boyfriend is 30 something She's twice his age Ok so Cher is 76 looking absolutely gorgeous Um I hope to be as awesome rocking the Beja uh outfits and um killing it Yeah So her and her boyfriend were together for a minute Um but joy close to 80 Wow it's so funny We were talking about black boy Joy my friend Jay Alexander Hi Jay If you're watching I love you so much Um We were talking about black boy Joy to you He was like you got to date a black dude because black guys love and he was like and it's black boy join Hi Um and I was like well I'm open to all I am not Um There's no you know everyone knows about that term Black boy I didn't know who black boy Joy was at 76 at 76 It share who we were talking about that went through early menopause and uh you know they lose their sex drive Doesn't seem like she actually had that Ok Well we don't know if it's all about sex Ok Good good good Ok So he's the fans he jumped over and route to Met Gala My fault Money sign sweetheart Hi Uh this is this is the girl that was jumped over and she seems cool He pushed on her face to get over the gate Honestly I mean you got ASAP Rocky to pop you in the face I'm pretty sure she seems cool That's better than nothing I mean she's adorable I love the glasses I love how Oh yeah she's still a small woman bro Like relax Yeah I'm going to pull it up in a minute Humans ASAP They're humans Yeah Uh I don't know if you see a picture of it It's pretty bad Yeah I I'm about to pull up the picture in a minute Um but in a minute I'm gonna need a sentimental man and woman to pump me up They dated I never do They dated It was the right thing at the time but it was really hard There were a number of things that had happened He knew what he wanted he was ready to do it and I was kind of all over the place This is on Call Her Daddy Podcast with Gwyneth Paltrow She was talking about her relationships with Brad Pitt She also dated Ben Affleck Did you know that You know it's hilarious He's ready to get married and have kids and she

wasn't ready Brad has a thing No no one I mean not not everyone calls us out but someone called it out on on Instagram I noticed that everyone he dates he wears his hair like they wear it Oh that's funny Well she she cut her hair short to match his Did you know that Right Is he a little flip So we'll flip right there in the front Look at that same thing and now if you go to like him and Angelina same thing him and Jennifer Aniston Yeah he like styles his hair like his like his girlfriends That's really interesting That's funny Um We talked about this yesterday but we didn't really get a chance to share it with our we did get to share it with our friends This is the Met Gala top 10 best looks from Met Gala official Here we go This uh this look is uh I will tell you about I actually don't know who this is This is Tiana Taylor looking epic Um She she's definitely got the assignment and slayed Um This is I think Kara de de de de is her Yeah she looks epic abuse I love it My favorite Nicky looked awesome Nicky did so great I'm so proud you did Wonderful I would just like to say with Kara Devine like check her out and check her out three months ago That is a comeback You know Listen Um the recovery is a long process We don't know like what goes on behind closed doors We Yeah Yeah She I love her hair Um And then this is bad boy Was it bad bunny I want to call him bad boy bunny Bad bunny roses were a thing Does he have a train That's a train I can't get behind a guy with a train can you No it's just weird Like I don't think anything should be exclusive these days Apparently it's not it's not but you know not even never mind All right we're not gonna go there Uh this look was cute It's cute I don't know I would wear that dress on our show This has nothing to do with Yeah I like to be number six at the Met Gala No I don't I don't think it's simple but I think it's it's just it's just like it's just a regular dress Nothing nothing to it It's it's you know um I know that they put a lot of effort and time into it and she looks absolutely adorable but I would totally wear this without the gloves without the tights and wear it on our show Moving right along to uh do a cat looking like a real cat what I can't get with but the dress is really cool She looks awesome She's a gorgeous girl Uh I don't get the cat face but again it's a Met Gala So anything goes um this is a you know when I saw this dress I was kind of like underwhelmed I really really like her I think I really really like her She's very talented I think I don't think it goes with who she is I think the shape the fit the way the hips the waist kind of bursts out there I think the fit is what we're really after here Yeah I'm just I'm just not perfectly fitted though I'm just not feeling it It's like is she trying to be Cinderella Like I don't like That's what I think Yeah like I can dig it She's a necklace too I mean simple

sometimes simplicity That's not simple Kyle Neck from Tiffany I think that's I think that's a very I like it There's not like multiple chains one chain 11 how should I say One massive diamond one jewel It's all simple all simple Um I love this look I'm really feeling this look a lot This is uh Conan gray I mean I love all the detail on the jacket the boots the gloves the color usually I don't think fans make outfits but this fan actually does do it justice It looks great Um And then Kim Kardashian number two again there was conversation about how this was like uh it was ok It was actually gorgeous in pictures but not on not on the white carpets Um and this is number one Isn't that funny But this is also from Met Gala official This is not from Vogue this is just Met Galla Official Not yeah we we don't know who's making the number one Way to go way to go way to go way to go Um here are some other looks that we didn't talk about yesterday This is my good buddy Why am I blanking on her name Um you know who she is Uh no no no no no she no she she usually has red hair What's her face No it's not Sophie Turner She usually has red hair She's in in a lot of movies She's in um not Sophie's Choice She's in like the Olympic movie the gambling 10 is that that's her That's Jessica Chastain Jessica Chastain She did the blonde just for him just for that night I don't think the blonde is real I actually think it's a wig but she looks absolutely gorgeous Yeah she looks very different with blonde hair Yeah she looks great great great great great great And then I did not know this Andy did you know this Maria Nuno came out that she revealed that she survived pancreatic cancer with a baby on the way God granted me a miracle I mean what's uh that's one of the most painful ones Uh in fact here's a little fun fact So we're applying a I to medical uh uses and needs a I I think it was a week and a half ago discovered um it's like a a pill or a device the size of a rice grain that shrinks the pancreatic cancer We saw that Cool It's very cool But shot to Marinos Uh congratulations Way to stay where to stay you know Yeah way to stay healthy I mean look this is in junior We just saw her like not that long ago but we're happy that she's ok Um she she had a rough time Yeah this girl has been kicking it Um there she is looking adorable I mean like she's like posing Um we're happy that you're ok and then um Natasha over there is taking care of you Um ok This I had to get into with you sent this over 24 serial killers who led double lives and held normal jobs Let's get into it Let's go Let's get into it Yeah let's click on that link for more Yeah Yeah Yeah Let me pull it up You you talk while I pull it up I mean yeah I'm I'm I'm waiting for the links I want to see the 24 killers myself I do Wow Wow Wow Wow Wow I do I do I do Wow Wow Wow Man I can't believe Maria

Congratulations again I mean I can't believe she went through all that She kept it very private Um way to keep it That's also another thing I I gotta get with I love that She ok I love that She kept it private um during the times some people do that and um yeah some some people do that to each his own But like I I feel like there's there's a time for privacy and I felt like she did that very formal I like that Yeah me too Um let's get into it Go for it Cool 24 serial killers who led double lives and held normal jobs Don't mind if I do Hh Holmes never heard of this guy A pharmacist They can hear me right now Ok Good A pharmacist before becoming a pharmacist Holmes which is weird His last name is Holmes Like Sherlock Holmes Very weird It was an insurance scammer which he used as his primary source of income He then moved to Illinois just before the famous uh Chicago World Fair to start his career as a pharmacist It was also here where he built his murder hotel where he lead victims to rooms of peepholes gas lines trap doors soundproof patent walls and passageways that let the it's believed he killed two Wait how has there not been a movie made about this Sicko He this guy essentially had the first haunted house in the 18 hundreds Thanks Andy appreciate you This guy had the first haunted house Wow I I mean I would be a good guy To play Hh Holmes I feel like uh Timothy Shaman could actually do this really well Ok Moving on Richard Angelo a nurse you gotta be careful of nurses I dated a nurse once felt like a murderer right Uh As reported by the New York Times during the time of his 1989 0 this is recent 1989 I was alive Angelo claimed he had planned to inject the patients Oh my God Ok Then be first on the scene to revive them as to be seen as the hero It was only until a patient complained about Angela using an unknown drug on him in which he was arrested County officials near the Long Island Hospital He worked at exhumed 33 bodies of patients who suspiciously suspiciously died under Angelo's watch Angelo was a nurse in the intensive care unit for only six months when he was convicted of two counts of second degree and given a sentence of 61 years to life Ok What what the nurses We got a vet him we got a vet him Jeffrey Dahmer We all know about this guy the chocolate the chocolate factory worker That's hilarious Um I mean we've all seen Don on Netflix right Do I even need to go through this one Not gonna go through this one that we all know about Doer Steven Craft a bartender I've always do Let me ask you a question Have you ever had this suspicion and the paranoia of people delivering things to you Like sometimes I'll go to coffee bean and for no reason of mine or no fault of mine the cashier has got an attitude and like she's having a bad day whatever But I'm like I'm gonna trust this person

to give me something I'm gonna ingest now You just never know You just never know waitresses who's in the kitchen You don't know you're about to eat a \$50 plate of poison Who knows You know you just don't know I don't know how people deal with it suffer from paranoia a lot but a bartender same deal taking care of it He was a bartender a forklift driver and a military member Stephen Craft often had two jobs at a time He entered the Air Force only to be given only to be discharged 13 months later he admitted to military officials that he was gay as reported by the Los Angeles Times And then he was a dispatcher for aircraft company Then it was a teacher's aide and then a computer freelance guy Uh his his files showed he tested an IQ level of 129 He was he was close to genius This guy is called uh Steven I know he looks back That's a really terrifying picture of him I think that's just a normal when he was later laid off and couldn't find he became a bartender at local bars He was convicted of killing 16 people men and sentence speculated he killed the 67 speculated that he killed up to 67 people Ok Let's not use the let's not use the K word But um who is this He was a literature teacher This is why I'm saying teachers are not getting paid enough Make sure you pay your teachers well and do a deep dive on who they are right Who is this Oh my gosh Oh my God You know we're trying to have a good day here but we're my man My man was a cannibal Yeah we're done We're done here Give you all the information you need to know about 24 killers Um Yeah let's get to something funny I accidentally wore a red shirt to Target today and long story short I'm covering for Debbie this weekend at Target What do I think that um and you know who uh who who posted this um kit What's Kit's last name Kit Ho Ho from from uh access Hollywood Uh and she actually got her start in in Hollywood uh a little later in life which is cool Um she's teeny uh but she posted this and a lot of people are reposting this because it's really funny I think it was a joke Uh I'm pretty sure it's a joke but uh I have worn red before to Target and I have been asked excuse me miss what where can I find something and I was like I looked I gave a look like do I look like I work here like a look like like I can go there I can go there You know meaning like meaning why are you saying that What you think That's what we're talking about I just gave a look like does this look like it Do I look like I work here to you Do you see a walkie talkie Do you see an earpiece No you don't Your piece where your piece is not Best Buy I think Best Buy is only a piece 1000 You know big My idea was that we go to Target and we turn all the to the Big Bear TV channel and that way you can watch us on all the or do Home Depot employees always seem like they don't

want to help anyone Do you always have to chase down the do you have chase down the Home Depot employee Like I find myself always jogging down the AIS excuse me sir they're running away from you It's just you it's just it's it's just me It's it's just you it's just you Um I wanted to share this with us It's so cute Single mom welcomes twins After finding sperm donors through Facebook we actually became quite good friends Wow Wow Sounds like that's gonna go a little further than friends Oh look at these little people Um You know they wear those are helmets and you know why they do that I didn't know this was a thing Babies when they're put in the crib their head because their heads are so soft and squishy they can yeah they can like have indents Some parents are so hypocritical about this that they put helmets on their kids Do you guys do that Andy Did you put helmets on your kids The head I actually worked for a family that was considering doing this and I was like do yourself a favor Don't do this The kid's gonna get such a complex Like you look at these photos and to be honest sometimes I'm just like listen we've been doing things for millions of years without this Why start now kind of thing Because like maybe she saw that the kid's head was going a different direction I don't know a knock yourself out right It's awful This kid looks a little bit like a doctor wants to talk about uh head shaping Um This is uh this is for you Kyle Trueblood before you get married discuss bills discuss parenting styles credit debt religion how to deal with family Um What beliefs will what beliefs will be instilled in your Children childhood traumas sexual expectations um financial expectation partner expectations family health history mental health history bucket list dream home careers and education I mean I feel like this is a given but so many people don't have these conversations I think it's more like this it's like all of them are givens but I think everyone misses one or two I think most of them are missed I think Yeah Like I mean if there there are people that are like we were married and then I wanted kids it's like didn't you have that conversation before you got married You know like or like we were married we had kids and I didn't like his parenting style It's like these are things that need to come up before you get married and all of that you could save yourself a lot of paying a lot of money to uh Alan award and short like it's always like a three letter name right I feel I feel like surprisingly I feel like the bucket list isn't always discussed Yeah like I don't have a bucket list because I I'm not into it It scares me It makes me think about like death and dying and I'm just not I'm not I don't want to go there I don't want to go there at all I'm not into it I don't want to discuss it It makes me nervous Um But this is funny because

we're talking about kids and family and all this Um Somebody paid a local photographer \$400 to make a sentimental video to pay play for my daughter's baptism And she sent me this Wow they jumped you They jumped you pretty hard That took all seven minutes to make it If I pay \$400 I'd sue them if they gave you this looking at like your kid That's my baptism video bro What It looks like a sitcom from the seventies Yeah that's funny because you're not alive from the seventies It's just funny that you know all these things anyway I'm moving right along moving right along Um oh this is great This is another funny one I want to uh be in a funny mood with you Uh This is going around Uh No I haven't seen this Apparently this guy goes around town and he puts his window down as if he looks like he's about to ask a question and he doesn't but see everyone knows the joke he's in on because it's been going on for he's been doing this doing this for years Why am I just finding out about 2017 I want to say everyone because they know it's like a joke you know I wanna try this and let's do this on the street or like uh put the window down and I'll be like excuse me do you have any great po seven times out of 10 You stop before people laugh This guy's got to be in like Wichita or something you know where people are like nice and friendly that didn't look like nice and friendly and he's like you got me the person right at first was like no not into it It's all Ah you got me you got me I like the point of this Um I gotta give a special congratulatory to our good friends Schmid Serena Williams is now expecting another baby Is that correct Yeah that's her husband Yeah And they're so cute They're adorable Oh look at her Looking absolutely gorgeous Look at look look look look I'm so happy She is epic If you haven't seen King King Richard you absolutely should It's such a great movie all about I mean oh my God I cried Well I thought the 1st 10 minutes I'm watching I'm like what is this What is this What was wrong with the 1st 10 minutes I wasn't sure I I felt like he was doing like a chicken George kind of accent thing And I was like this is this cheap movie about but then like 10 minutes in I'm like oh my God this might be an Oscar winner and just absolutely crushed it He he absolutely did Uh speaking of crushing it what is going on here Principal comes face to face with a bear Did you see that And let me pull it back up real quick Yeah ready Look this look at this look at this look at this principal watch this watch this watch this He's just doing his after school duties you know making sure classes you know screen wait wait wait for it wait for it wait for it Wait for it wait for it There you go buddy There you go Can you imagine You're just you know taking the trash out and all of a sudden that happens I I look at this guy it's like almost like a

prank show Does this look like a prank show to you And it looks like a prank show to me Oh my gosh So two weeks ago I put on the show I showed us a video of bears climbing and running and it's scary how fast they are at all this lus across South Carolina Speaking of how fast look at this If you are in South Carolina you might spot this on your uh street that looks exactly like desperate housewives apparently Look at that when people run from bears I'm like we got we gotta come as a as a race as a human race we got to get something better to do because the bear is gonna catch you A bear runs 40 MPH and climbs seven times faster You see what's happening here Not scared of alligators Really Look how slow it's moving That thing can move as fast as it Look stop moving that fast All you got to do is get up a tree No no no no no no I'm going to Florida this weekend and I'm terrified These things scare me so much And my parents live I know my parents live on like water So like you can see like their little like heads like pop up every once in a while and my mom would be like oh look there's an alligator I'm like why are we excited that there's an my mom they like look look look it's an alligator There's an alligator running up to a grandpa and the guy just takes a pan and just cracks it across the head Oh this has got to be in Florida I'm like oh my gosh this is what I wanted to share with you Kyle I find is conclusive evidence that smacking leads to long term harm all kinds of smacking Apparently You mean like like like like I think both hilarious hilarious Uh yes we are talking about kids Um this is interesting Did you know that um know win tour actually has like a rule list Um and this is Kelly and Mark Um talking they're they are basically us but a little older um talking about like the the Mets Gala Um and how once you're not invited or when you break a rule you're no no no can do But apparently Kelly and Mark have actually secretly have been taping months worth of episodes Did you know this Um but this was not this is actually this morning Um and then this is did you see that That was the video that went viral Cockroach was the best dress um on the um not red carpet white carpet or whatever carpet That was right It is New York City I mean I expected a rat but I guess I'll settle for a cockroach Never wait What You never saw a cockroach in New York City You did not I never saw cockroach It's too I felt like it was too cold There's no there's there's nothing from the borough and I don't understand how people like cockroaches in New York Like too cold There's no grass There's like in California you can just walk outside and find cockroaches They're always like near a tree or something There's no trees in New York Well this is this is for you Um before we get our special guest back on here this is for you Kyle

I feel like this is gonna be you when you're walking down into your your wedding Uh These are all the guys Yeah all walking in like it's the NFL was like yeah Yeah Look how everyone like points watch Look Look I like this I like the glamour video shot a little bit Yeah you're gonna need to wait wait look chic I like it Whoever this videographer I love I love this because everyone looks so great Look the group's men on their way Don't go anywhere We'll be right back after this talking all things plastic surgery with our new friend doctor Don't go sorry to leave you hanging when when I mentioned how to go So here is our Jari unbox It you wanna get it charged up You use this fantastic charger over here This is the output over there and it has an extra cable like this with the ability to charge it in your car So that is really cool So we have it all charged up It has here you can press on the display you can see now that it is not drawing any power it is not bringing in any power and it is 99% charged which is cool So as you wanna use all your separate things you can turn on the little lights and it will show you as you can see there that now you can draw power out of them or you can turn them off just like you would at home If you do if you wanna leave something plugged in but not having a draw power there you can turn it off So let's have some fun and see what our Jay can fire up So in the past we have used the Jari to light up our lives with go We have charged our cell phones and we have done a few other things But oh we've even lit up the Arrow Garden How amazing is that that we were able to light up the Arrow Garden But today we're gonna push the query to the limit and uh we are gonna take a look at the this works What's this This works That car vacuum Awesome Very cool and we could even take a look at Tabi used it and uh how amazing is this Oh my goodness You can just keep on going and going and going You can get into every little look and cranny in your car with all of this How awesome So this is what we're gonna do We're gonna stick it into our Jari Let's do it this way So you guys can see what I'm doing Turn it on it's a little light and the display have gone on because we are about to fire this up Thank you Mr Jackie There we go That is cool So let's see what else we can fire up today I mean that you can I mean that is just so cool You see powerful vacuum Jay fired it up Let's have a look at some of the other things that we can um fire up today Let's see Yeah we got it So let's try the LaVoy Air purifier I mean this is a high power drawing eye item I think I would imagine So it's not something that you would generally plug into this little power port here Amazing if this works You know how incredible this must be So not only is the Jari used when you are camping or exploring the world in your

RV or your car The Jakey can also be your backup power source for a disaster Um You know disaster preparedness The Jay is definitely something that you'd want to have in your home And like God forbid there is something and the air is not pure and now you're stuck in your home you've got no power You can't put your air purifiers on if there's a huge amount of dust in the air or if there's a big um you know like we are in California there could be a huge earthquake will bring up a lot of dust but you obviously want to still keep your lungs protected Let's see if the Jay not only will give us power but will also save lives So plug it in over here we'll turn it on and you can see let's actually put this up a little bit because you'll be able to see the lights So let's put that try and see if you can see that there this all in the name of OK there we go So the little light is on Welcome back to Good Day Live Today is May 3rd 2023 We're happy You're in the studio and our new friend Look at my shirt new friend old friend friend friend the second time on the show Welcome back We're so imagine the office I love that So last time you were here we talk about natural looking results with Botox and how to make sure you do your research when it comes to doctors because you want to look like yourself just maybe a heightened version of that and you do just that Thank you You're welcome Um And we got pictures Uh Thank you This is my job It's my job to speak Well um we've got some pictures today What are we looking at doctor What are we looking at Ok So I guess the theme today we're gonna talk about reducing the fullness under the chin You know if you have a double chin and you want to reduce some volume and you know the different techniques and approaches that we could do to achieve that natural result but yet get tremendous changes right at the same time And so this first photo as a liposuction patient where we did liposuction under the chin area and we also did a little buckle fat reduction at the cheek but we'll focus more on the neck area And so when someone comes into the office and that's great lady by the way I wanna come over there and we'll do a segment All right sorry my courses as well Set up like light light Ok Sorry sorry we're talking about his work to to take that as well Um So she comes into the office and she has fullness under the chin area and she wants to reduce that So we could talk about things you know options are from minimally invasive to more invasive And the goal is try to pick the least invasive thing that's gonna give us a great result And it's gonna keep it natural and and hurt and you know so people will come in and they'll say what about cabella Cool sculpting True sculpting things like that These are the very minimally invasive You really are not doing anything too extensive in those cases but in a neck like this

where you have that much fullness I don't think those are going to be sufficient enough And so in my office unless you just have a tiny little bit of fat under here the most minimally invasive thing that I recommend is liposuction And that's exactly what we did over here And she looks great and that's that's the transformation That's her a few months later Wow she looks great She looks so full of confidence in this second photo You can see it in her eyes that she's just beaming And why is it why is it that like I think Carry Anne um was telling me this that like you can actually get fat under the chin not due to being overweight and there's like an actual what what what is that correct So I mean you could have a hereditary component in it too and you're just born with just a little bit more fat in that area And we're talk about these other things later with the next thing that I want to talk about which is the central neck lift But in addition to the fat you could have big glands that are sagging down the muscles and you could have a whole lot of other things going on that need to be treated In her case She was very fortunate in that most of that fat was just under the skin and that's the fat that liposuction could treat And so it's not that everyone that walks into the office looking similar to her will achieve a result like that We have to do an analysis and figure out is liposuction going to be a good fit for you Is it going to get you what you want now for her we've had but dramatic impact It still looks natural It still kind of looks like herself just like you said she looks more confident and that just kind of it slims the face too a little bit We did do a little buck of fat but it just overall improves the harmony of the face She looks beautiful and full of confidence You can see it in her eyes and move on to the next picture What are we talking about here What's this So here we've gone to a central neck lift and wow this is the next step of liposuction invasiveness in my office And this is a big game changer the central neck lift you know some people will call it a limited incision neck lift different than than a full neck lift And older patients were needing to lift and pull up the residual skin in younger patients we just have a small incision under the chin It's a very small one about an inch And I do all of the work through there And what's different between this and liposuction is that I could go into the deeper structures of the neck and contour those So the deeper fat in the middle some muscles that I could reduce over here Those are the digastric and then the submandibular glands these are glands that make saliva and some people they're drooping down And in her when I saw her in the office I palpated them and she had very big glands So we weren't going to get as much benefit as she desired with just the simple liposuction So we went and

we did that central neck lift but still small incisions just a small incision under the chin to achieve all of that It looks incredible So you know I'm I'm a big believer in like not talking about people's appearances like in a negative way like just because I like you know just that's just how I am But like on the left hand side she looks like a very very overweight unhealthy person Is she that no And you know the thing is um she's like one of my favorite patients She's lived uh like the things that she's dealing with in her life and her positive attitude is just so inspiring and amazing And it's just nice to be able to do this and just boost up that confidence and give her something Um But yeah no she's um she's done all the right things and she just has that little bit of extra fat and you could see it's mainly just that stuff under the neck When you remove that she looks you know fit and she looks gorgeous First of all she looks gorge on both sides but like on the right side she looks like she just looks like she stepped into her own Um And and the left side this is could be hereditary you said Yeah So there there's a little component of it you know it doesn't matter how much she diets or how much she got you know exercises There was always that fullness and you could see if you were to just cover the neck and below everything looks identical but nothing really changed up But when you just remove that little bit of fat that was bothering her it's a big game changer It seems like it also brought some weight off of her face like her cheeks that haven't been changed are not pulling down as much some lift to her face And so what we did there also we did a little bit of a buck of fat reduction on just this area of the cheek right here to get a little bit of slimming here But everything upper is that's just it's everything is relative So when you do work in one area somewhere else is affected just because it's relative and so you just show Wow Wow Wow Wow you are awesome at your job Let's move on to the next photo shall we Wow Look at that And those are my favorite views I love that oblique view It really shows you everything and it's it's a nice view She looks gorgeous I mean again you see it in the eyes and like it must be such a rewarding experience for you as a doctor to be like wow look at the eyes like the eyes are showing like you can see what's going on in the eyes and that we're uh the chats going off about this So we're really happy with the results that you're showing Um Let me see if I can read that Uh Well look at those results that has to be the that has to be hard work I wonder uh how long it took um a doctor to perfect his methods and approach Um I have 100 what is it What is it 2020 But like higher than 2020 vision you're also closer Well we're never we're never slow for quick comments here How long did it take you to to uh manage that

process So that's a great question This has been an evolution over the past five years um of starting off I'll tell you you know I I alluded to you know reducing glands and things like that These are things that most surgeons don't do Um the standard central neck lift usually we make an incision we go and maybe move a little bit of fat and just tighten the muscle But it became apparent to me very quickly is if we want to reduce this sufficiently enough where you don't have bulges here we actually have to treat those lateral structures or structures that are on the outside of the neck And so just kind of building my approach and my technique I think over the past few years it's it's really transformed and to be able to get results like this where you get that contour that goes all the way back and really treating each one of those individual components to get a result like this It's a it's a tough thing Wow Wow Um And we're happy to have you on the show to talk about this I have another photo Um So she sent us oh she looks so happy look at her I mean just look at the eyes look at how much confidence is in those eyes Like I mean that's again you just must feel So I don't overjoyed I get so happy when people have a great experience on this show because you know I co created the show and and produced it and it brings me so much joy when it when people come on and have a great time So I'm sure it's the same feeling when somebody has this amazing after experience and they're walking away and able to put more good into the world and feel better about themselves It exactly I mean and we're blessed we've had such wonderful patients and you know and and in order to you know just giving that to them and just exactly what you said you see it in their eyes I love how you pick that up Just gives them more confidence and they're just able to move on with their lives like just more confident I love it And it's a very gratifying thing Yeah You know I I I'm with you It's so interesting because there are so many people that are like oh I don't know plastic surgery or this or that But like ultimately when it's done right by the right people like you can change lives and and and and self esteem like people are and then that are nicer and they could do great things and you know live the life that they were meant to I mean her eyes alone I just like I I'm just taken aback at how happy she looks And ultimately that's what it's all about is you know her happiness so natural she doesn't even look worked on I think that's the ultimate uh skill there We talked about that the last time about like when you are good at what you do as a good doctor you said when you walk around you can see the bad work but you don't know when somebody's had good work So now has your reputation gotten out there Now people come in and they're like you tell me instead of

begging for the most work and yes that's nice It's when they come in and they say you know I trust you you tell me what I need as opposed to before I research this on real self And I want to do this This is basically uh taking over right So that's been nice That's over the past few years It's been a nice change where with our work out there people come in they're like listen you know what you're doing and just do you tell me what I should do and I'm in for it Um That's big especially in L A Everyone has their own mindset and their own way of doing things So that's great Congratulations Yeah that's so awesome Um These are your cameras over here I want people to let you know how to like get in touch with you connect with you Um And and all that great stuff Yes So you could reach me on our Instagram at Dr Alan and our website is full MD dot com Thank you for having me again If you're looking for great natural results this is a doctor to check out What's your what's it again How do I how do they reach out to you Doctor Alan on Instagram on Instagram Doctor Alan on Instagram Trust me it'll be so worth it Um have a great rest of your day Make sure you find a good it spread it to whomever you may and we'll see you guys tomorrow on Thursday Have a great one See you later Bye This is awesome These these pictures are I mean look at it like being natural doesn't mean you can't be drastic Right Right Oh wow Oh it makes me so happy Like I just like the ice Wow Wow Wow Wow Yeah I don't want to share a lot of this stuff A check The more a li what scarce and is in her