

GDL March 9, 2023

A check and what scarce and the things Mhm Oh well the Good day live I hope you're having a great day If you're new to this show I'm Michelle Mira along with my good buddy How you doing Kyle True Blood can't get up that song isn't it so good It's very sexy It's very very sexy I like I like the I like your dance What did you do A little uh oh wait didn't didn't Alicia tell you to do a little bit of an over bit yesterday I like it The over works It's it works it works Um We had a I know Alicia knew she knew she knew I was like what do you mean A little bit of an over bit We're getting ahead of ourselves Today is Thursday March 8th 2023 We're so happy You're in the studio with me Natasha Kyle Andy is not here We have a huge show It is 1 billion% March 9th But that's a show Thank you I mean because I'm so excited about our guest You are excited about the guest since yesterday since yesterday Since like I've been hearing about it A lot since yesterday but you've been hearing about it a lot Are you complaining I've been excited for multiple days than just yesterday Coming on today is an Emmy Award winning person That's how I'm gonna first define them It's good good good great way to start OK First of all the show The Bay which we're all we're just all talking about this whole entire week We're binging the bay and hope you are too because we have not only Gregory J Martin who is the creator the show runner the director the writer of this whole incredible series a round of applause round of applause So we also I have to say Emmy Emmy winner 23 time Emmy winner Can you imagine your record of some sort Oh my gosh And then Cristos Andrews the star of the Bay who's also an Emmy Award winner five time Emmy award winning for acting alone That's amazing That's amazing Like does it even make sense to you I mean yeah it makes sense She's a good actor It's just like even as an actor and somebody that that um that because you also act and you're you know also a co-host on this show like just even processing five times you know if he's got it he's got it I mean right I mean he does he does have it every year and then the lovely Wendy Rich who is uh executive producer um and she is a writer and she is a multi multi Emmy award winning person as well known for not just only the Bay but General Hospital I mean these people are just like these are this is next level this is next level excitement That's why I don't even know what the date is That's why I wasn't able to sleep last night And that's why I you know I feel like it was like Murphy's law like everything that could go wrong went wrong like last night and this morning and I was like just stay calm cool and

collected because today is gonna be a great show It's a great day I'm so excited I'm like vibrating I'm trying to stay chill Um But I wanna give a very special shout out before we get into our our check in Mr Coffee bean Yeah A special shout out to coffee bean which I'm super super super excited about coming in Came in I want to thank Uber Eats as you take a sip of your coffee They're the real MVP They sponsor you Uber Eats and Coffee bean likes the sponsor myself where wherever they who who delivered it today Did you get their name No Uh very special Shout out to Coffee Bean and Uber eats uh this episode for you Um And I'm gonna put this down here because I feel like I'm gonna be vibrating for the rest of the day But look at these guests we're so so excited I mean hello all of their photos and you can't see it in these photos up here but they're all holding Emmys Isn't that amazing of all time And make sure you check out the bay streaming now on two B along with season seven So make sure make sure make sure you're getting it all in It's an excellent excellent show I'm I'm vibing vibrating vibrating and I can't wait to get him on and talk to him about the uh actual intricacies of the show I I'm so excited about it Oh yeah we have so many questions between the two of us you know Um it's almost like I want to just lock it up until they get here Yeah No I know I kind of have to lock it up until we until they get on the show Let's let's check in Um other than I'm excited and vibrating How are you I know you got big things this weekend What do you got going on What do you got going on Uh and and and you didn't invite me out You don't snowboard You don't have to snowboard to go on a snowboarding trip You do No you don't No no one's gonna hold your hand when we're when we're up there I just want to sit in the we have one beginner and four bombers and I'm not sure how it's gonna be People that go really fast Like to the top and just like bomb all the way down there One beginner usually there's like like two really good guys and like two or three beginners so they can like keep each other company Yeah Yeah Yeah And there's a blizzard coming So we're just trying to make sure everyone's safe and uh why don't you make sure you're safe because they need a co-host on Monday I'm probably the biggest veteran out of everybody All right All right All right I got 34 years of boarding under my 34 years How is that even possible I started I started skiing at three and then I started boarding at 7 29 years of boarding 33 years of ski Just mountain play Yeah Um Shall we get into some entertainment news in the meantime Um I love this so much Um My buddy Jamie Lee Curtis wants to have concerts during the day I'm with you Jamie I'm with you Why Why is that like is that a thing that you just want when you cross

over No I don't think No I don't think so I think concerts are a concerts are awesome Have you not gone to Coachella Hello Outside concert people are grown at Coachella They're not teenagers What are you talking about I have I'm not gonna say her name You don't know it that God but I have a friend who this is this is a funny story She was she was 27 at the time dating a 39 year old And the two of them go to Coachella He's 27 He's 39 They go to Coachella He goes to sleep He's still up partying at that moment She goes oh my God I'm dating a child And then the 39 year old the 27 year old was the girl She went to bed early The 39 year old was still at partying at four in the morning every night So she thought she was dating a child She was like I'm dating a child Thank God I'm not like that invested in him We had this conversation and so I got to see the perspective of a woman really hands on seeing the uh you know I mean I don't know if like staying up all night makes you a child partying with other 21 year olds until 4 a.m. consecutive nights not all 21 year olds It's not ok but it's I gotta go I gotta go I wanna go to Bernie man How did you know that Because she was on the show and told me that no secret conversation around you No man No You know Um listen I've never been to birding man The idea of like not being able to like get out without like my own resources scares me You can you can I thought the only way that you can get anything No I heard it You want to do that Wow I thought you doing that Natasha Really Don't you need to exchange things to do things like Oh wow Did you go with anyone Got it Ok Ok I'm still using that Yeah you should you should do that So I'm with Jamie about the afternoon concerts Right I think everyone is Yeah we're with our buddy Jamie Lee Curtis Jamie You are not alone So you are seen and you are heard I will go to the concerts with you during the day because I like to go I haven't been going to bed is a big thing A big thing You don't sleep but you know it doesn't go well all the time Although uh I got called by my parents this morning They're like have you been sleeping I was like yeah actually I have they're like no they were shocked because I usually don't get sleep But I have been sleeping straight through the night lately because I've been working hard working hard get you good sleep working hard does get you good sleep you want to talk about This is cool Uh The L A girl came out with an article saying our fifties the new twenties That's the thing If a 50 year old says it I think there's something to be said about some uh a woman at the age of 50 I'm not there yet But when I will be there I will appreciate it Because I think first of all have you seen these women that are in their fifties Gorgeous First of all gorgeous and they're taking better care of their bodies They're looking

more chic They they know and they have the experience of you know what younger life was like So they're maybe redoing the twenties I think people are just healthier Like when you reach 50 think about it you've been on the earth for 50 years But 45 years ago you were looking at a 50 year old and that was a 50 year that was 50 years prior to an entire an entirely different lifestyle and resources So I think that like you know every year it's just gonna improve and you're gonna it's gonna seem like you're younger when in fact you're just healthy So personally I don't jump on the bandwagon and be like 0 40 is a new 30 or 40 40 is the 40 this is the new way 40 looks this is the new 50 There was a there was a baseball game on switching it to younger There was a baseball game on recently anyway And they put like a senior citizen I want to say on the Jumbotron a woman a female and she's with her friend and they both you just don't expect this much energy because we're so conditioned to think of like an elderly person in a certain way because we put a lot of yeah Yeah Yeah Yeah And also what we're thinking about from 20 years ago that's a different that's a I mean if you look at Golden Girls which is one of my favorite shows by the way my grandma loves golden girls I feel like everyone loves the golden girls Right If you don't like the golden girls we're gonna have to talk to you But like if you look at the golden girls they're the same age I think as J lo No stopping Yes That's my point I know I can't believe I didn't know that That's amazing That's what I'm trying to say is that like when um the city was coming back as just like that like there was a lot of like heat of like oh no Is it the new golden girls I'm like why not Like why do we have to make women look like they're decrepit or like run down Why can't they be look glamorous and gorgeous and chic and put together like coming back to this baseball game they got the senior citizen on and she's with her friend who's also a senior citizen I'm talking like you know the glasses with the with the with the tint on the side like that local senior citizen like that And uh what do we got You think they're not gonna do anything One of them stands up starts dancing the other one stands up and just flashes the whole stadium No I'm not that I am totally behind that because I wanna see it and I love the vibe I love the vibe I know you love the vibe normalize being sexy any decade Ok You were funny because I was like I feel like at 70 things start to slow down and you're like if anything they speed up I was like man I got nothing else on my plate But that luck to your future 100% 70 is when I really hit my stride I feel like I'm really gonna hit my stride At 70 75 I had my palm red once Did you know that I had my palm red And apparently I'm gonna have a life or death experience around 50 but I actually

live but I live past 100 I'm taking it all You want to be close at least once in my life Why Because I want to know what it's like to really cherish pretend No no no I want I want and like even with acting it can bring you to truly knowing something in a different perspective I just want to know what it's like to really understand the fragility of life Maybe not hands on Kyle Tomorrow's not granted that's the fragility of life Like just just you have that you've done it twice You know you've had an almost like death experience Really You do you hear if you hear Natasha Natasha is our producer that and powers that be today because Eddie Wman is not here So Natasha is chiming in Oz and we got the Wonder Woman Wonder Woman I like that We got Wonder Woman today Ok What what did you do Yeah Yeah we can we can we any details Little bit Oh no no I tell the whole story Yeah Oh my gosh My mom too When was this Well I almost lost my Natasha and then probably 12 years before that Something similar I don't know it shows you the fragility of life You don't you don't need to go Uh this is this is hilarious I just thought I thought we were talking about more what like like a like almost the plane almost Or or or or um you know uh I went skydiving and my shoe opened late something like that Oh I know You want to do those things I'm just like I worry you you you're going snowboarding this weekend Uh you know like I I tend to worry but I'm very upbeat Yeah It's a weird you don't like you don't really like it I like it I'm just not sure what to do with it I know Me either I'm not sure what to do with that I thought you knew what to do with it It's like I'm so happy and the next you're just completely worried It only happens after a certain time That's true It's like there's a shift there every day because you know you're on a set and you're doing everything that you love and then you take a moment and you're like what do I do now No no no that's fair for performers for the other performers out there And I'm sure our guests today feel the same way You know you put on your you're energetic and you're there for the for the cause for the project and then once they call cut and you are done for the day kind of like is like OK you ever done for the day with this But we can talk about that Yeah when you create something you I don't think you're ever done and we can and we can we can talk to uh Gregory J Martin about that goes noticed Thank you Thank you Thank you so much I appreciate you so much and I'm not paying you to say that Um Can we take a look at this Uh This is funny to me Uh Chris is glad he waited to debut his material I thought was funny Was him talking about this This is hilarious This is where I because the slap thing is controversial This is funny Some of the things that she went through was not racism some of it was just

in law stuff I believe that Did you watch the special Chris Facts Right Total facts Did she know that she was stepping into a uh you know do we I mean I don't think anyone listen I don't think anyone knows until you know that family that runs the country that invaded most of the other countries But you don't know until you know you know what I mean Like you're not like you could hear all the stuff right You can hear all I want you to come to a house tonight The parents are legit pirates No no I'm going to see No no I'm a big believer in saying like you know you can google someone until you're blue in the face but until you like sit across from them and actually have a real conversation with them I don't think you can make judgment until you have that experience The queen of England I don't know her and she's past r ip the stolen gold All right Well that we're we're going controversy But what I'm saying what I liked most about what she said was like what she said what he said was that something that was inlaw stuff That's what I agree with That's what I agree with that Let's not you know the other stuff is is heavy Uh But it's very heavy and we're not going there today but like she she she went through a lot of inlaw stuff Maybe I don't know maybe I need more hope in humanity but I'm surprised that we're already going through a royal family like that with an interracial wedding I expected it to like hit maybe like two generations later me as a grandpa see like the Prince of England marry a black woman But I'm I'm proud of it I mean it shows the world is more progressive than we like to believe our dramatic selves thought the world was Michelle I mean I but I also think like you know it's and you're that's why it works You're the what did you say Which one is the white one Which ones Every every time after every episode the guests are so happy like oh my God I had so much fun Michelle You so happy Kyle You asked great questions You're so in depth You're so you're so bouncy and and then me and Michelle or me or Michelle will say oh yeah we're the yin and the yang and then someone will automatically say which one is the yang which one's the yang And I consistently say whichever one's black Yeah it feels good Oh I'm glad that you can say it I can't um you know maybe five more years we can all start making jokes with race I don't want to Most ones you have at it have had it I'll keep my white self over it this way as long as the internet is going around there Yeah Yeah Yeah Yeah Um I love this Natasha Can you pull this up This is hilarious This is me Um because I love to eat food so much A Taco Stop talking sit down go Taco Tuesday Taco Tuesday baby Listen this is a shameless plug and I'm not getting paid to say this but there is a place in K town and if you haven't been it's a mission duck They make the best fried

chicken and I blame you I you I got it with you once and you destroyed me for the rest of my I came to Korea Town and we were going to get something to eat And I'm like you know what where's the chicken Fried chicken Look like this when you eat fried chicken Because I eat I don't eat fried chicken from anybody I eat fried chicken from California's number 10 Best chicken sandwich according to your reviews That's how I say it because they're not they're not loading it with crap It's it's a it's a very well rated restaurant I'm still surprised that you're saying half of this Yeah they're not writing a check You're just like going at it Has no idea I even go there They get my name wrong when I say I'm a Kyle for the number six Thanks They say no they don't Sure that's me as much as you want That chicken comes out just like that You can call me call me like oh and then I want to give a very special shout out to um my buddy Aidan um Aidan played uh Jagger on the Charlotte Chronicles Um You two were on it too Uh that we we filmed in 2021 one in 2020 look at those cheeks Yeah Yeah He's super cute He's so he just booked a show on ABC And so I just want to give him a shout out to Aidan We love you Aidan You were so great as Jagger I was so proud of you I'm so proud of him Yeah Yeah Yeah Well he's awesome He's great at playing a little though right Like every time he was like sandwich and if you're not getting into jokes make sure you follow at Good underscore Day live on Instagram and at Good underscore Day live on tiktok We're also on youtube you're seeing us live on Amazon but we're also on Facebook and all the major streaming platforms So make sure you check us out We're not on Netflix or to be yet but you know stay tuned He's getting cast Not surprised He's awesome kid You know who else is a really good Cristos Andrews Oh are we ready for this I don't know Are we ready Natasha Are we ready for this I don't think you're ready for this Yeah I'm really really excited about sitting across from him He's been in a slew of movies in the past 24 months What does it mean to you to be like a good actor Like what does it mean to me to be a good actor Because some people are famous but not good actors Some people are not famous but good actors Like where do you how do you gauge a good actor Uh I mean when I'm creating stuff and and looking for actors because I too am an actor But uh when I'm looking for actors what what stands out to me is well when when we did the Charlotte Chronicles um I already had in my mind who the person was Um and the ability to first of all I'm really good at reading people I do keep digressing What makes a great actor is a good listener I think first and foremost um And then it's all behind the eyes There's always subtext of the text in the eyes Like what's going on

behind here I always know something's going on in there Like you could just be sitting there smiling and I'm like there's something else going on I don't know what is happening but I'm I would ask Gregory that question What makes a good actor What about you What makes a great actor to you when I'm watching the actor And I'm not I'm an actor myself Um I'm not if I'm not watching your acting and I'm actually involved in the story like it's so real like not even real is a dangerous word for me Oh really How reality is in the eye of the beholder 100% Like my reality is not your reality Really Right So you can take that into film where it's like maybe I did believe such and such or maybe I have had something in my past that kind of rings true Right now that I'm kind of trying to like have an emotional journey through and is real to me You know we're not really on a talk show right now So well that would be pretend because I'm not playing an actor on a talk show I'm confused You said my reality is not necessarily your reality everyone's reality is different What people perceive Like For instance if someone were to say something rude maybe I didn't perceive it was rude But you did girl that knocked on my window last night I was like yeah And so that's really where I get how I gauge actors is like uh if they're if they're talking and I'm like oh and then what But if they're talking and I'm like oh like I would have said that differently Like I there's a what do you mean Like oh you would have you would have done it differently I got it Got it got it It's taking me out of the out of the scene of belief is like gone somehow And I'm a tough cookie to to cook from Jersey on top of doing off Broadway in New York Like I just have no how should I say Leniency No Leniency Yeah Yeah Yeah But coming back to it Christos Yes Can we get ready Oh my gosh we got the chat So we have our friends that are watching that are huge fans of the Bay We'll be right back with Emmy winner Christos Andrews Where's that Sexy music again It's so good Hey do a little bite of the lip Yes So here is our Jari Unbox It you wanna get it charged up you use this fantastic charger over here This is the output over there and it has an extra cable like this with the ability to charge it in your car So that is really cool So we have it all charged up It has here you can press on the display You can see now that it is not drawing any power it is not bringing in any power and it is 99% charged which is cool So as you want to use all your separate things you can turn on the little lights and it will show you as you can see there that now you can draw power out of them or you can turn them off just like you would at home if you do if you wanna leave something plugged in but not having a draw power there you can turn it off So let's have some fun and see what our Jay can fire up So in

the past we have used the Jay to light up our lives with go We have charged our cell phones and we have done a few other things But oh we've even lit up the Arrow Garden How amazing is that that we were able to light up the Arrow Garden But today we're gonna push the query to the limit and uh we are gonna take a look at the this works What's this This works That car vacuum Awesome Very cool And we could even take a look at Tabi used it And uh how amazing is this Oh my goodness You can just keep on going and going and going You can get into every little look and cranny in your car with all of this How awesome So this is what we're gonna do We're gonna stick it into our query Let's do it this way So you guys can see what I'm doing Turn it on the little light and the display have gone on because we are about to fire this up Thank you Mr Jackie There we go That is cool So let's see what else we can fire up today I mean that you can I mean that is just so cool You see powerful vacuum Jay fired it up Let's have a look at some of the other things that we can um fire up today Let's see Here we go So let's try the LaVoy Air purifier I mean this is a high power drawing eye item I think I would imagine So it's not something that you would generally plug into this little power port here Amazing if this works you know how incredible this must be So not only is the Jari used when you are camping or exploring the world in your RV or your car the Jakey can also be your backup power source for a disaster Um You know disaster preparedness The Jay is definitely something that you'd want to have in your home and like God forbid there is something and the air is not pure and now you're stuck in your home You've got no power You can't put your air purifiers on If there's a he's like I'm not dancing It's the it's the music I know you're used to the music to us It's just so catchy Awesome I'm happy that you like it Thank you Good day live You're new to the show I'm Michelle Murad along with Carl Trilo How are we doing And we have the Lovely Cristos and thank you for being to this on our show I have to say Emmy Award winning Chris Andrews Oh thank you I really appreciate you guys having me Oh we appreciate you being here on Binge the Bay Week Uh I mean I don't even know where to begin Well like we're going to talk about acting a lot but it's just unexpectedly I didn't know that you held some records for skateboarding Guinness record like a hobby a Guinness World record I uh I was just lucky one day I swear I mean I didn't expect this at all I was at the X games one year and I was never I was competing amateur and they welcomed the competitors to attempt to break two records of their choosing And uh I just was in the right place at the right time And uh I got I was very fortunate I

they gave you three attempts First two No third one It was like magic What was the what were you trying to attempt Um one is the most kick flips in under a minute and you're not allowed to fall you have to land every single one so yeah most consecutive kick flips within 60 seconds is one and then the other one is just balancing on two wheels forever basically Ok Cool cool cool cool Wow It's not easy And you know what else isn't easy winning Emmys He's done this It sounds like it sounds like it Uh Yeah I mean uh I mean it's just incredible Ok you first what have you That's right Amen To that It's true There's no shortcuts It's just knowing that you uh give something your all and treat it like a good habit You don't get all you don't nose dive too hard into it You just you just give it your all give it your all give it your all good days Bad days keep giving it your all It'll work out that's for sure Super inspiring I think Uh well one thing that I always say is I think we know as Children that what we wanna do as kids like there's always that thing where it's like for me I always want to put on a show and I would be in my parents' basement and I would put up the camcorder and I would take my Barbie dolls and I would film the Barbie dolls and then any of my friends that would come over they do wanna be in my show and they're like no I just wanna watch Power Rangers I'm like oh man did you know at a little like when you were a little person that this was this was your path like did you just have that feeling You know man I think I always dreamed of it because as kids we watch movies and we're like imagining ourselves as the characters as the superheroes whatever Just kind of imagining from a very distant yet very exciting perspective So yes I was always into the idea but I I didn't know that I actually had a chance at it I just never imagined those this distance would connect and life would have its way of presenting opportunities and then I would have the opportunity to make the most of it one task at hand at a time So yeah I mean I was excited about the idea Um and then life kind of just presented certain opportunities and I just I just did the best I could with them Wow I mean you definitely are doing the very best you can And I have to go back to what is it 11 Emmy wins five for acting which is incredible Um you play two characters on the Bay We got uh Pete Garrett and British villain Adam Kenway What is it like playing two different people Oh it's a trip You gotta you kind of have to check in with yourself a little more often to keep your sanity You have to you know like you're you're I'm Pete I I'm used to being in Pete for for a very long time Adam is more new but requires more of a commitment to get into the shoes of um so I'm going back and forth Pete Adam Pete Adam But who am I Uh no one at all Go back to Pete No no no

Adam But you ok No I remember who I am Real life reality kind of touched down a little bit and then go back in if you go back and forth too often it's crazy I I really appreciate Gregory and Wendy having faith in me because at first I was not into the idea of playing two lead roles I thought it was enough that I was you know Pete lead role already Um Plus it's a huge risk the the prerequisites to actually pull off Adam So I'm like ok this is just uh I don't know but they they uh they've given me amazing material which I'm grateful for and thank God it's just kind of worked out in a in the best way that I could have hoped Do the two characters inform each other or is it like you're trying not to have them bleed into each other Um It's it's so interesting these two characters they have such a different state of mind different intentions at heart let alone a deep loathing towards one another It's very crazy to be the one in between Uh you're having like this self loathing thing happening but you have to also give conviction to each role's perspective when you're in it Even Adam is like unfair as he is towards everyone There has to be something that justifies what he's doing and uh that that's been such a trip It's like taking a walk around the dark and then finding the light again and taking a walk in the dark to find the light because you have to find what's lovable about them Even though the other one hates that one character hates the person but you have to love them as the person as the character you're playing Yeah exactly That's a your work ethic And I guess this is all fitting for you You see this seems to be in your lane of of workload I appreciate that Yeah I I just uh it it just seemed like something either I rise to the occasion of or I don't And uh I just I have to rise to the occasion That's what I always have told myself Speaking of rising to the occasion Emmy wins Which win were you like All right That's not this is crazy That's a lot Each time is a whole new fresh amazing experience Like thank you It's it's uh the work itself evolves it changes It's never the same each year It's uh something new something different So it's a very strong reaffirming feeling to be awarded for this work that's completely separate from last year's work Each time feels extremely like blissful It's a whole new thing like just getting an Emmy nomination in the first place is a beautiful beautiful thing It is super encouraging for the work we do We put our heart into it It's not easy So it's a beautiful thing to have any Emmy Recognition at all And it's just kind of been following that through line and it's continued and I'm very grateful for that I mean just listening to talk is poetic honestly And um thank you and uh I appreciate you Uh And that's one thing that I notice when I you know what I do is I do like a little background search not just like Google and reading

things but like go on Instagram and little back videos and interviews and one thing that sticks out to me from you without even really knowing you But now getting the chance to know you is your gratitude And I think that's so profound because I've always heard them when you're grateful for what you do it just it almost multiplies And um and I saw this your beautiful post about you know you winning the Emmy and how grateful you are and how grateful you are And I can just feel it it just vibrates So I feel like more people uh should take note especially everyone in the entertainment world that has grateful to have work and to be getting work and to great work It it's a blessing Thank you That means a lot I appreciate it Great the gratitude and uh it just it translates into just feeling like you deserve it all You know you you you meet people in this in this town in this industry and uh some people like throw it away some people just throw it away like oh yeah I want an M OK It's like it's a lot of hard work and a lot of people are trying to get one you know exactly that So it's uh just refreshing You see someone so locked into their work and so appreciative of so many awards and so many uh good outcomes Thank you It's just not automatic for you That's really interesting to to hear Thank you It's definitely grown on me as something I appreciate and love more each day I do it it's it's something that it's nice when you do something and it starts out as sort of almost neutral A little bit above it You're excited whatever But then you realize there's a core to it that you're actually kind of gaining on a soul level Hitting the expedite button on life experience learning lessons that if you're truly committed your heart doesn't really know the difference It ends up as a memory You learn from it you kind of build character through these written circle Constance But nonetheless if you're truly committed you're actually giving yourself a treat because you're actually having life experience and you're you're you're growing on a soul level so to speak Yeah it's it's a great way to put it We were just talking about that on like realities and like what we really perceive and what we're really how should I say connected to Yeah that's really refreshing Well we yeah we were talking about uh about great actors and I I guess we can ask you this question um What you're a great actor but what do you like notice about others What makes a great actor What is the first thing that comes to you that you would say Like that's a great actor A question for him Thank you I think uh I think it's when they uh they let the work sit at the seat of their soul and kind of in reference to what I was saying just prior to this is you uh when they're genuinely connected to what they're in and they're fully in this moment and uh they're just open and vulnerable and doing what the scene is

doing and allowing themselves to have this flow of energy come through them As an audience member you're watching and you're feeling the process with them um where as opposed to other actors who might just pay attention to ancillary details like the being famous thing or the uh all the press thing but which is all beautiful Don't get me wrong But it's like when they are committed to the actual like of it which is more seldom than I'd imagine I feel like it's like everything else is such a nice bonus Right Absolutely I was just looking at uh something uh Tom Hardy was saying he was like whether it's \$5.05 million or 50 million all I have is my relationship to the work and it seems like that's your mindset as well You're not really concerned with the ancillary uh details You're really just it's about the work whatever I'm doing I want to do it 100% And that's probably why you have so many good outcomes and and great uh how should I say achievements I appreciate that And thank you Kyle Um just yeah just I feel like when we I feel like no matter what uh profession or vocation we do um it's gonna be a lot of hard work to achieve something So it might as well be something that you have love for You won't run out of energy for that And that's the difference It's great It's great I wanna go to like a meditation school where you just talk can we can we create that Can we create something I could just sit here all day and just listen to everything that you're finishing your next chapter Obviously we're not trying to get you in that next chapter yet because I know you're an incredible actor Um Can we take a sneak but in a sneak peak let's take a clip at some of your amazing work Shall we Thank you the spy on their own spectacle I have no hard feelings against you How could I I mean you're my favorite cousin my best friend You really are sick No no Danny boy You don't mean that I know you love me too and I'll always be loyal So long as you're always loyal to me squiggle you and your loyalty Listen to me You little theory You have no power here You'll do what I say when I say to do it and how I want it done Do you understand Good Oh British villain Adam Kenway Oh that's good So uh British isn't too far from you Your mom grew up in England Why am I jumbling England English I'm just like the work is so great That's so cool And then you spent summers there growing up Yeah So I was there every summer time and mostly in Surrey the English countryside and it was really nice Um very very grateful for that uh sort of split culturing as I grew up Uh school years in Los Angeles Summertime in England Wow That sounds like so much fun I mean your stepmom is British I don't know I think it might be in the middle of between London and Liverpool Are you like right in the middle there Yeah It's like well it is in the

middle uh just south of London Uh yeah And uh yeah that's that's awesome Liverpool Yeah it was it was fun I spent more of my time in London than Liverpool But house over there No But um yeah there was like six How do you know that I went to Yeah Yeah Yeah But anyway um that's pretty awesome Right It's funny that you were like oh I'd love to do that Who wouldn't love to spend their high school years in Los Angeles Pop over to England for the summer That's fantastic And the culture difference has got to be informative like as a character like me jumping between the two was like uh kind of eye opening in a way to understand like what we're missing over here Does that make sense It does Yeah It it broadens your perspective and that's it's really sweet When it's when you're in a developmental stage of life and or even at any point in life really it's to go into different cultures and understand their way of thinking It it really helps to put in perspective your uh it just Debus like your way of what you would have otherwise just kind of stuck to nothing really wrong with it But it's nice to for that to expand Yeah Sure It helps you in your travels and your thinking of different characters and what not or how to pull pull from any any Brits I'm afraid to ask this question But I'm gonna ask you any Brits for your experience as Adam Like any anyone you don't have to give names You don't have to Yeah you don't have to answer it I appreciate it Yeah Yeah I um it's yeah it's sorry after you No after you I guess But if you want if you want me to give you a minute to think about it I have a story about England I would love to hear it Well I I you know how they say um and this is uh in particular uh for Christos because you know how the English come over here and steal all of our jobs not yours but like all the other jobs you know everyone suddenly British like we trust what they say more because of the accent But when I was it's true that you could like tell me like it's like that car is really good That call is really good and then it's like I know the second one sounded better But um yeah well I read actually that England had this kind of a feel that we like to watch more because they come from more of a traditional background Like England has a number of centuries underneath it So there's a tradition in the culture so they textually understand what's wrong in the scene without having to say anything Whereas in America we're just kind of like fly by your seat I'm angry at this I'm mad at that kind of Do you find that to be Yeah I love that You pointed that out I feel like they've got more layers more dimensions They uh a little more thoughtful almost like uh not saying in a so super general sense but with my experience which also I see relates to yours which is cool Yeah it's uh yeah it's definitely it's nice to switch mindsets and

and and from what I've experienced growing up in England and have an English family they they have a quite a few levels of thought going on And it what's interesting though it's more layers It actually ends up being everything is less of a big deal Yeah Ironically yeah they deal with more cerebrally and then like externally it's just like flip it almost but it still matters Yeah Whereas in America it's kind of the opposite like very minimal going on and then just like we're like blurting out a ton just like expressing that free speech constantly There are a lot of people like that Sorry America I don't know anyone I mean I don't know anyone anyone that at all But you've been on oh we are we going to a commercial and we'll come right back We're going to a commercial but we will be right back after this Don't go anywhere so much to talk about it So good so good stuff of course So here is our Jackie and box it You wanna get it charged up you use this fantastic charger over here This is the output over there and it has an extra cable like this with the ability to charge it in your car So that is really cool So we have it all charged up It has here you can press on the display you can see now that it is not drawing any power it is not bringing in any power and it is 99% charged which is cool So as you want to use all your separate things you can turn on the little lights and it will show you as you can see there that now you can draw power out of them or you can turn them off just like you would at home if you do if you wanna leave something plugged in but not having a draw power there you can turn it off So let's have some fun and see what our Jay can fire up So in the past we have used the Jari to light up our lives with go We have charged our cell phones and we have done a few other things But oh we've even lit up the Arrow Garden How amazing is that that we were able to light up the Arrow Garden But today we're gonna push the query to the limit and uh we are gonna take a look at the this works What's this This works That car vacuum Awesome Very cool And we could even take a look at it Tabi used it and uh how amazing is this Oh my goodness You can just keep on going and going and going You can get into every little nook and cranny in your car with all of this How awesome So this is what we're gonna do We're gonna stick it into our Jari Let's do it this way So you guys can see what I'm doing Turn it on a little light and the display have gone on because we are about to fire this up Thank you Mr Jackie There we go That is cool So let's see what else we can fire up today I mean that you can I mean that is just so cool You see powerful vacuum Jay fired it up Let's have a look at some of the other things that we can um fire up today Let's see Here we go So let's try the LaVoy Air purifier I mean this is a high power drawing eye item I think I

would imagine So it's not something that you would generally plug into this little power port here Amazing if this works you know how incredible this must be So not only is the Jari used when you are camping or exploring the world in your RV or your car the Jay can also be your backup power source for a disaster Um You know disaster preparedness The Jay is definitely something that you'd want to have in your home And like God forbid there is something and the air is not pure and now you're stuck in your home you've got no power You can't put your air purifiers on if there's a doing my best to the best Oh my God Welcome Welcome back If you're just tuning in I'm Michelle Mira Kyle True here And we have the star of the bay Mr Christos Andrews So great having you here Thanks again for having me Thanks for being here I mean other than being on the bay since day one at seven what seven seasons now eight seasons we don't know how you have time to come in but we're grateful that you did and we're binging the bay all week with everyone So if you haven't tried the bay try it stream the bay you need to do it Now do yourself a service and watch watch watch because it is an absolute must see and deserves every single award it's won I mean 23 Emmy Awards Don't just love when you start a good show and you realize there's 70 it's the best feeling in the world to lipstick in my teeth Ok And the live show you never know what happens on a live show I love the red lipstick When I went blonde I had to do red It's a risky thing that's like coffee from up here with a white shirt on about me Um Other than being on this awesome TV show you've done eight movies in the last 24 months Is that right Did I get that right Or am I wrong I feel like I'm wrong We got um you were in the game Bruce Willis as one of the leads in the action movie breakout starring Brian Kraus and then Lou Man man my big Fan Creek Wedding which is currently in postproduction for summer release in 2023 A battle for Pandora I mean and then like yeah he is epic people but you're epic too So I feel like when they're interviewed they're they're being asked about you now like you're a Bruce Willis Jean Claude Van Damme Tom Semo nineties absolute nineties star How it doesn't seem like any of it's getting into your head which is freaking me Out my big wedding which is like beyond so being in the company of those people and probably you know now you're just like on their level right That they're assuming how does that feel It's it's just so inspiring I mean I feel like I'm just uh it's a treat completely I'm uh it's uh just an elaboration of the the beginning and I uh when I'm working with them they're legends I I don't uh presume that I am on their level I just you know we're just but I but I know we're meeting each other eye to eye in our

scenes uh in our work together and it's really nice to feel that respect It's uh it's been so encouraging and inspiring to feel them show me respect and warmth and that's the utmost of what I could have hoped for uh with people that I've always looked up to Right Right Right It's you know um we've had a few actors this week from the Bay on the show Everyone has spoken so highly of you and and and uh you know everyone everyone everyone speaks highly of everyone on the show Um And do you think that that family atmosphere is what you're taking into your other projects that they're really reading from you You know what Probably yeah it's it's kind of where the conditioning it happened this way where it started like family and it's I've kept that that feeling going Um it's kind of what it's the wind in the sails uh to what I do II I feel like I need to share this experience uh with a feeling of love and family As I'm going speaking of family his sister is on the show Did you know that having real family on the show She's awesome Um it's it's amazing It's it's really cool We uh of course grew up together we're like partners in life and uh we've it's so nice to be doing the same stuff uh doing our hearts desire together We kind of dreamed about it together and here we here we are now and we have each other's bag It feels really good to have each other around all the time She she's so awesome I'm so proud of her younger sister Uh my big sister Yeah I was one of the siblings I'm an only child Listen my brother would say he he wouldn't want that because I would force my brother to be in the productions that I make in my basement So you guys would act together for fun as kids Sort of like uh well I guess we were kind of pushed into it by our mom and our parents both supported but I was like uh there was a period of time younger just doing it with her And um then I kind of went into sports and then came back to it but uh not when we're super toddlers but kind of like tweeny age or something and then circled back to it Yeah I always I always feel like it starts when you're super little Like you just know you just know I mean and you're just so open and you haven't been jaded by the world around You disagree for like 17 years and just like switch out of you but you are you're digging deeper Um we have another clip This one's a steam one I'm gonna play this um This is a love scene with and we're gonna play it right now Yes Good of mhm When you love Wait because who was the one Oh my gosh Oh my God Oh my God We need to get patted down now We need like we need napkins So um a ton of questions but maybe for the creators almost because I I mean you and and that woman did a great job together um in that without saying a word I feel like so much was translated through the eye Thank you Um a scene like

that How do you feel about it I feel definitely grateful about it Um Yeah Uh Carucci is awesome to work with Um It's uh each scene kind of I know things are of course written on paper but each scene has a life of its own It takes on a life of its own uh between her and I as people we have a lot of like mutual respect and like there's a lot of magic in the air when we when we uh put our energies together Yeah I mean I know a lot of actors have a little bit of an uncomfortable issue with getting that close in a tub and seeming so real and close and intimate It just seems so skillful of both of you I just lost in It really wasn't I can usually tell I'm usually able to tell I'm like she doesn't like him or she doesn't like but it was really it was just so it was so believable and so and so intimate I I really enjoy that You totally in the moment like you said acting like our great actors are in the moment and and and it was like a dance It was when I watched it and when I got the clip I was told it was a little steamy but in fact it was just so beautifully done and um it looked like a dance to me It was absolutely gorgeous Absolutely gorgeous I have one more clip before we break for commercial Um but please keep talking before I pull it up Yeah absolutely Well you're you're about to pull it up But II I do have to give kudos to both of them for just you know that that's such a professional thing Uh and hard to do You know it's it's it's hard to remember that it's professional because it's so intimate You know the the moment just starts to blossom on its own and you're dancing with each other But the moment you're like hanging on that you're like right in that way of the moment It's really nice That's something very gratifying about this work that I really love I got to give it up to the creators also They're like putting you in the right positions and they are Yes they did And the music it's just they do such a good job that yeah I'm very grateful for the team again Gregory and Wendy and the team like so talented um their family to me and I'm so grateful for this There's got to be a lot of trust there right Like if you're doing a scene like that I mean you want you want to make sure it looks right and and you don't look I don't know I don't know who knows You know there's a ton of uh insecurities could run through anyone's head but there seems to just be because of that family atmosphere because of the trust that you guys have It just seems everyone's kind of like trusting in each other that they're gonna do the right thing and everyone feels in good hands with each other Yeah That's awesome Yeah Yeah No coming up this is a live show Um I don't know if I could ask you what your favorite scene is It's hard Yeah That's a I there's they're each so great in a different way It's yeah that's a there's a lot of them too I wanna I wanna come right back while they're pulling up the clip I

I wanna just bring up because I we spoke about how you play two different characters and they're basically opposite from each other and the second one came in a little later So what did you love about the second guy that helps you uh you know get present within him Um it it it surprised me that I could even get into it Like that's and there was this deep level of satisfaction to it And I was like oh well you kinda it's like picking up a weapon or something You get used to it and then you're like oh good I feel actually better now putting the weapon down because I just curiosity that whatever that that that Adam is it's it actually gives me more clarity about how to navigate in a general sense Fantastic Yeah Yeah That's why he's nominated and it has so many Emmys That's why this is why I want some meditation later 2nd 2nd 2nd or something Yeah later later later But let's get to your some of your awesome masterpiece work Let's play this one right now He's their little guy Hey you miss mommy don't you Daddy does too But guess what Daddy's gonna find mommy and bring her home Oh that's a promise I guess I could sing a little song maybe Yeah I could try Oh you are my sunshine My only sunshine You make me happy when skies are gray You'll never know dear How much I love you Please don't take my son shot away Please don't take my sunshine away I love you My baby boy I promise I wanna bring bay Damn that's range Can I say Damn that's what they call range I would give you an I mean just for like just that scene alone can't put on my acting reel for me Oh my gosh we appreciate you guys You sing and and all I mean there's so much there Yeah I just I don't know I don't know how great of a singer I am but I felt like there was some heart in there and the baby helped me I was trying not to cry I was like literally I literally was like ping my lips like I was looking at I was trying not to look into my camera and I was just like don't cry don't cry don't cry How do they cast this thing How do how do they how do you think they bring on so many good actors What are they what's their process You know it's uh it's uh pretty cool That oftentimes it's the first choice that uh yeah that and like I've witnessed Gregory think of someone first choice a team will reach out um whether it's through him or through Wendy thinking of it But I've just witnessed Gregory think of someone have a list top person reach out top persons on they see the work They feel like it's got that exact type of uh the materials there they want to do this type of material they've often said and uh there you get passionate about it even more So once we start you know rolling and and it's great That's awesome Wow We we've heard that from a few actors this week I mean we've heard that from everyone and it's so cool to see such an awesome show

do so well but also to hear about the team behind the show doing so well and really admiring and appreciating each other And I feel like that's what makes a success you know it's not just you have a great show but what's also great is the people behind it doing so well and loving each other and and walking away from the experience where they truly felt like they were part of something amazing There's belief and trust there for sure Yeah Magic lightning in a bottle lightning in a bottle Christos Andrews Please let people know where they can connect with you Obviously the bay to watch you on the bay but how they can um check you out please plug away That's your camera over there Uh Yeah So what my handle on Instagram and Twitter is Christos That's Krist Os Awesome Thank you so much Cristos for being on the show Make sure make sure to stream the bay now on to be you won't want to miss any of this It's a great great must watch We'll be right back with Gregory J Martin and Wendy Rich after this Don't go anywhere Thanks again man That was fun Yeah for sure for sure Yeah Yeah So here is our Jari Unbox it You wanna get it charged up You use this fantastic charger over here This is the output over there and it has an extra cable like this with the ability to charge it in your car So that is really cool So we have it all charged up It has here you can press on the display you can see now that it is not drawing any power it is not bringing in any power and it is 99% charged which is cool So as you want to use all your separate things you can turn on the little lights and it will show you as you can see there that now you can draw power out of them or you can turn them off just like you would at home if you do if you wanna leave something plugged in but not having a draw power there you can turn it off So let's have some fun and see what our jay can fire up So in the past we have used the Jari to light up our lives with go We have charged our cell phones and we have done a few other things But oh we've even lit up the Arrow Garden How amazing is that that we were able to light up the Arrow Garden But today we're gonna push the query to the limit And uh we are gonna take a look at the this works What's this This works That car vacuum Awesome Very cool And we could even take a look at it Tabi used it and uh how amazing is this Oh my goodness You can just keep on going and going and going You can get into every little look and cranny in your car with all of this How awesome So this is what we're gonna do We're gonna stick it into our Jari Let's do it this way So you guys can see what I'm doing Turn it on it's a little light and the display have gone on because we are about to fire this up Thank you Mr Jackie There we go That is cool So let's see what else we can fire up today I mean that you can I mean

that is just so cool You see powerful vacuum Jay fired it up Let's have a look at some of the other things that we can um fire up today Let's see Here we go So let's try the LaVoy Air purifier I mean this is a high power drawing eye Item I think I would imagine So it's not something that you would generally plug into this little power port here Amazing if this works You know how incredible this must be So not only is the Jari used when you are camping or exploring the world in your RV or your car The Jakey can also be your backup power source for a disaster Um You know disaster preparedness The Jay is definitely something that you'd want to have in your home And like God forbid there is something and the air is not pure and now you're stuck in your home You've got no power You can't put your air purifiers on If there's a huge amount of dust in the air or if there's a big um you know like we are in California there could be a huge earthquake will bring up a lot of dust but you obviously want to still keep your lungs protected Let's see if the Jay not only will give us power but will also save lives So plug it in over here we'll turn it on and you can see let's actually put this up a little bit because you'll be able to see the lights So let's put that try and see if you can see that there this all in the name of Ok there we go So the little light is on We have the did you see that Ok turn it on let's turn on the light So you guys can see There we go That is it So we have our voit that is powered up You can see the lights are on over there and this is thanks to our query How incredibly powerful is this tiny little tiny little ba like tiny little box That is amazing So these are the cool things that we can do Thanks to our Jackie Oh my goodness Look at that This powerful little thing can do all of that So here is our Jackie Unbox it you wanna get it charged up You use this fantastic charger over here This is the output over there and it has an extra cable like this with the ability to charge it in your car So that is really cool So we have it all charged up It has here you can press on the display you can see now that it is not drawing any power it is not bringing in any power and it is 99% charged which is cool So as you want to use all your separate things you can turn on the little lights and it will show you as you can see there that now you can draw power out of them or you can turn them off just like you would at home if you do if you wanna leave something plugged in but not having a draw power there you can turn it off So let's have some fun And see what our Jay can fire up So in the past we have used the Jari to light up our lives with go We have charged our cell phones and we have done a few other things But oh we've even lit up the Arrow Garden How amazing is that that we were able to light up the Arrow Garden But today we're gonna push the query to

the limit and uh we are gonna take a look at the this works What's this This works car Vacuum Awesome Very cool And we could even take a look at Tabi used it And uh how amazing is this Oh my goodness You can just keep on going and going and going You can get into every little look and cranny in your car with all of this How awesome So this is what we're gonna do We're gonna stick it into our query just do it this way so you guys can see what I'm doing Turn it on the little light and the display have gone on because we are about to fire this up Thank you Mr Jackie There we go That is cool So let's see what else we can fire up today I mean that you can I mean that is just so cool You see powerful vacuum Jay fired it up Let's have a look at some of the other things that we can um fire up today Let's see Here we go So let's try the LaVoy Air purifier I mean this is a high power drawing eye item I think I would imagine So it's not something that you would generally plug into this little power port here Amazing if this works you know how incredible this must be So not only is the Jari used when you are camping or exploring the world in your RV or your car The Jay can also be your backup power source for a disaster Um You know disaster preparedness The Jay is definitely something that you'd want to have in your home And like God forbid there is something and the air is not pure and now you're stuck in your home You've got no power You can't put your air purifiers on If there's a we're not we're not we're not that great I'm gonna comment on the music Thank you Great Welcome Welcome back to Good Day Live The studio just got a whole lot more golden like that like that I like the way you put that I'm Michelle if we're just connecting for the very first time along with my lovely cohost and then we have Emmy Award winning Wendy Rich and Gregory J Martin Welcome to the show Thank you for gracing us with your presence Thank you seriously Thank you for being here Ok Gregory is the creator the show runner the director the writer What what else of the Bay You're everything of the Bay right Well No I'm not Yes I mean I have an amazing team and I'm very grateful for everybody on it Yeah for sure But he's the visionary of the bay We just have to be clear about that decision He made it happen and and with your help as well I I joined I jump on board They had it up and running and season three Was it for you that you jumped in and as a co writer and executive producer just as a consultant not a consultant that season two And then I couldn't get out Sounds like everyone doesn't want to get out because it's such a great wonderful environment And and that's what I was saying Uh you know before we came to this segment was that to me it's the magic I think is behind the scenes you know and everyone that we've

interviewed from this show just loves loves loves the show and loves the people on the show and that speaks so highly on you and and bringing all these people on because it really starts it always it starts with the top and I know everyone's you know together in a team But like this is your vision and we talked briefly yesterday about that This is something that you had This is a dream of yours since you were little right How old were you when you came up with this Well I mean obviously I didn't come up with this but the idea of these characters started when I was seven and obviously I grew up and created you know comprehensive stories you know But uh but um uh yeah I mean the character of Sarah Garrett who's our who's our um you know played by Mary Beth Evans was in my head since I was seven So think about that for a minute Right I mean it really is unusual It really is to to have that kind of I mean there are Children that have great vision very early on they become pianists they become artists but to have this vision of character and story and intertwining relationships and I I just think is very awesome very unique Is that what drew you in second season third season around you were like like what was that that made you stay It was me I wouldn't stop calling her I could he actually called me he and Christos we met when before they I think when you had it before written but before it was actually happening and I just couldn't he likes to say I joined once they had Emmys That is not he can say it it's not true but I did see the work and III I loved his directing I love Christos acting I love Mary Beth and Jackie and Tristan and all the entire cast Some of them I met for the first time and and so I said yeah I said and I love storytelling and talking to him inspires me every time So you know we get to just really you know talk about these characters and where he sees them going where I see him going what we're going to do And so yes so I jumped in I mean you're also no stranger to telling stories yourself I just have to read this because I can't even just say it outside the bay You are best known for your nine year run as a show runner for General Hospital Oh there we go Ok This guy did three episodes You Lucky Duck bringing us iconic character iconic characters of Sonny Carly Alexis Nicholas Nicholas Lucky Elizabeth the returns of Luke and Laura My mom was so thrilled You have no idea She was like you have no idea who's coming back I was like what I remember that so clearly and much much more I mean and and then the spinoff ABC Port Charles like eight time daytime eight time daytime Emmy winner five times as a showrunner of General Hospital like and three times with the Bay Like does that blow your mind It's great work and great team You know we talk about the team you know you work with the team none of

us do this alone We bring to it what we have and um and hopefully we hire really good people around us that make us look better you know always and um begins with the team begins with the writing and the vision And so I inherited a lot with General Hospital I really did and of course working with Claire Levine and and and and Bob Guza and you know the whole team of writers I met so many that I've stayed friends with Michelle Karen Harris and a lot a lot of people that I stayed friends with So it's uh it is a team effort So does it blow my mind It was a wonderful time I loved it It it kind of blew my mind then because I was having such a good day every day and every day you did something you know you you got it done It had to get to Yeah absolutely So there was no choice we just had on the other day Yeah he's the best Um So it's really fun to to you know finally meet you and I have to ask you this question Did you know as a little person little kid No Really I didn't I I think about that because I hear that asked and and he had such an early vision When I think back on my childhood I see the qualities that I had that have stayed with me that prepared me for this Um Well I went to camp I was very fortunate I went to camp for two months every year from the time I was 4 4.5 So there's team play Um you have to you learn to be generous with yourself you learn um what your abilities are you you learn uh leadership if you have those leadership qualities and uh you take charge when you're ready to take charge And so I did that along the way in camp in high school And so I I look back and I think well that must have prepared and as a mom you know just dealing with so many people and so many things and so many of the kids' stories four grandchildren older the grandkids the grandkids are the the baby is 14 and the baby and the others are um 22 She teaches kindergarten and uh 25 he's uh and and 30 Well we'll be right back after that I'll be right back with Wendy and Gregory Don't go anywhere They're so lucky to have you So here is our Jari unbox it You wanna get it charged up You use this fantastic charger over here This is the output over there and it has an extra cable like this with the ability to charge it in your car So that is really cool So we have it all charged up It has here you can press on the display you can see now that it is not drawing any power it is not bringing in any power and it is 99% charged which is cool So as you wanna use all your separate things you can turn on the little lights and it will show you as you can see there that now you can draw power out of them or you can turn them off just like you would at home If you do if you wanna leave something plugged in but not having a draw power there you can turn it off So let's have some fun and see what our Jay can fire up So in the past we have used the

Jari to light up our lives with go We have charged our cell phones and we have done a few other things but oh we've even lit up the Arrow Garden How amazing is that that we were able to light up the Arrow Garden But today we're gonna push the query to the limit and uh we are gonna take a look at the this works What's this This works That car vacuum Awesome Very cool And we could even take a look at Tabi used it And uh how amazing is this Oh my goodness You can just keep on going and going and going You can get into every little look and cranny in your car with all of this How awesome So this is what we're gonna do We're gonna stick it into our jake Let's do it this way So you guys can see what I'm doing Turn it on it's a little light and the display have gone on because we are about to fire this up Thank you Mr Jay There we go That is cool So let's see what else we can fire up today I mean that you can I mean that is just so cool You see powerful vacuum just no dancing no dancing Keep trying to keep it going Welcome Welcome back to Good Day Live You're just tuning in for the very first time I'm Michelle Murad along with my good buddy What what's this just saying it Seven times today Happy to be here And Emmy winners Emmy winners Come on You gotta say Gregory Martin Gregory J Martin Excuse me get him right Kyle get him right Excuse me And Wendy reach the E throws me off sometimes throws me off We were talking about your grandkids and you have four Is that what you said 44 grandkids Um Are they show runners too Do they put on their own shows No they're not They're not in attorneys Doctors No one is a teacher One works finance at a company the other does finance at another company and yeah Yeah You know I love it straight forward Um You were speaking earlier about uh going to camp and how that helps you those abilities getting I was a camp guy myself camp tennis camp You name it um drum camp once once right Anyway the point is is that you're being thrown into a new atmosphere Does that kind of you have to find new abilities to acclimate to your new atmosphere and get along with new people very quickly in camps Was that an ability that you have as well Because I'm hearing so much that there's a family atmosphere in the bay Did that translate Of course it did Yeah of course Yeah But think I adapt it I think I'm that person I think he's that person You know I think there are those of us that adapt really well to newness and some kind of challenge and there are those that are intimidated by it I'm not intimidated Good I like the look Do you see the look that she gave a little bit of a wink Speaking of not being intimidated but I kind of am 23 time Emmy Award winning Gregory J Martin No I'm not 23 time winning My show is your show is but that's you

That's that's that's you that's it You are you are the uh the French fry or what is it The ketchup the French cheese You are the conduit like you are the person that is it's it's just you're the funnel for all of it So I take me back you had this character at the age of seven You said who inspired you Where is this coming from Well um the uh and I've thought about that a lot throughout the years because I mean people ask me that I've gotten that question many times Um I watched the show called Santa Barbara As a kid my babysitter would run home Her name was Sarah She would run home and and um and um uh watch to to to watch Santa Barbara and on the screen was Robin Wright who played Kelly Capwell on the show And uh and I guess as my child mine was like well I wanna I had I started to create my own blonde hair blue eyed beauty and um and I named her after my babysitter Um And so that's kind of where the character initiated from And then through the years I just started to like she just I was just this woman that was in my head for many years I just started to kind of create story started with drawing pictures and then I went into synopsis and then I went into scripts Um and I developed her whole story and all the people around her Um and that's and that's kind of how it started at the age of seven And then I just little by little and then Christos character Pete I think I was like a teenager when I created her son Is she still alive Who Sarah or your babysitter Oh my babysitter is Yes Yes Yes we have to have her on the show That's pretty cool That's amazing That's great You know Sarah wasn't the blond hair blue eyed She was actually my cousin but she was Robin was the blonde hair blue eyed and I had that but I just chose the name Sarah because my seven year old mine said what do I name this person I named her Gotcha And we kind of talked about this last night Um I too used to do that but not like you I used to have my own talk show in my parents' basement at the age of seven And I would say welcome to the Michelle show I had no idea would be Michelle Well look piggybacking off of that Did you know at seven that you were going to turn this into a show or were you just obsessed with the narrative Well at seven I thought it was a show like I don't hear in my head it was a show It was totally not Uh it was just about becoming an adult and and making everyone see it So it was never it was my child mind was always kind of in this space where I was like this is my show and I would wake up and think about what the episode was today every day That's incredible So you're kind of like executing and and serving your younger self Like this is the story you had let's execute it and get it out Is that really Yeah And I would act out scenes with my sisters and make them do things and tell them stories and

they would all they were just gonna listen because they you know we grew up watching soap So it was like but it was my own soap and then um and that was a lot of it though growing up watching them like that that was a comfortable fun Familiar comforting Right Yeah And so your question yesterday when we talked on the phone was about if I had a Bible and the answer is yes because this started since I was So when we're talking about characters Wendy and I um there are some times where I actually confused what I had in my head with what actually was has been on tape So interesting Yeah So I just want to come back to the first season right before Gregory J Martin has created one episode What was that hump that you was there any hump obstacle where you were like now Is the time Well yeah II I I've told this story before in other interviews It was um it was Tristan Rogers I worked on General Hospital also as a cop for a small spell when I dabbled into acting which I don't ever want to do again But I um but we um I met Tristan Rogers and we became friends and then I kind of went off and started producing independent films and I did a bunch of b horror movies and I would cast folks from daytime because I worked on daytime and Tristan became a friend and I would always cast him in my movies And uh and then he said you know there's a there's a new category at the Emmys for short form You should create a web series and this was back in 2008 or something And I was just like no I'm not doing that But actually I I he told me I should create a web series Was that when I heard that there was actually a category that was actually where I made my switch I said maybe I should just try it What's going to happen And so we started the show The Bay which is why you see on IMDB It's from 2010 is because we started as 10 minute episodes And so I created this short form program and um produce directed this And yeah and then I brought in my connections from the soap world and I cast all daytime stars And in 2012 we got our first nomination for short form And then in 2015 we became a long form series I have to ask did you practice in your mirror with a soap bottle or shampoo Thank you mom Thank you for this at me Did you ever have that practice that when you were little I feel like I might I must have because I think everyone has at some point in their lives you know he's like no no no I didn't know but but but many do I mean I should I feel like everyone has at some point I can't think of a natural moment But actually the first Emmy that we won um this was before Wendy Right Because I don't think you were there for us that time But um I remember um we were sitting at this table because we had like the daytime Emmy has gone all different directions every you know and this one year we

would sit and have dinner around a round table and um they called our name the Bay and everyone around me stood up and I went down and I actually went down and kind of comes behind me and he lifts me up and he grabs me and he brings me to the stage to do my speech But it was it was kind of a surreal moment to actually have that And um you know it's uh probably the first Emmy I mean all the Emmys were wonderful but the first one was probably one of the best time of my life My gosh Oh my gosh Outside of the birth of my two Children I was just gonna say that But they uh but your son it was incredible Who was on he's on the show Incredible incredible transform that And so yeah he makes me so proud and he actually um yeah I mean just it shocks me all the time with his creativity and the things that he does He's a wonderful writer Oh really yeah he's really good after his father Yeah And he doesn't do it I mean he should do it more I keep telling him right Keep writing because he's such a great writer Well he's an awesome awesome talent and awesome kid So he did a really good job with that Um I believe we have a clip of what season are we looking at Season seven season six we're looking at season six of the Bay Let's take a look Let's take a look Come home Yes you are He's gonna beat this nasty virus It's my heart Just keep breathing Did you steal this vehicle No one had steal it I told you not to move I can't do this by myself Your problems are my problems I understand No you don't you don't understand Please Let's just go I'm just peacefully protesting man We're all ba that's why we march Oh my God That's why we're not gonna Claire I promise you we're gonna get to the bottom of this timing Doctor told me not to push it He's healthy He's gonna be fine You don't know that How do I force a connection that doesn't even exist Get to lock all your doors and window I heard noises something was going on I'm not gonna let anything happen to you don't touch me do not touch me Oh yeah that looked intriguing I mean you guys seem to be pushing the boundaries and all you had SWAT guns and you know love scenes And I mean I don't want to say what's next because that's kind of cliché of a question and we don't do that here But like what is like what's the next uh how should I say achievement we're trying to accomplish here I don't know I mean we're always ready story It's just what are they what are these people going to do next What's going to be done to them next How do they react And then we get to work without giving too much I love that I have to ask do you see the world around you as a giant TV show when you're walking around and just like having these experiences Do you do do you ever have moments where you're like am I still on set on set when But uh but I do see every I mean

obviously I walk in a room and my director hat is always on So I'm kind of looking at things if I see something visually that or or my producer hat you know I'm looking at things and wanting to you know figure out something or I'll get inspired by things that that never goes away So I always have that hat on I'm always looking at people and trying to figure out what what why and the eyes across the table She's like she's reading me She's like what are you a phrase Every Chris I know this You might also um everybody you meet has their own story be kind because we don't know what other people are going through and our work is all about Let's explore the human condition What are we all going through And and how do we get through it with an ounce of knowledge grace growth and joy I feel like it's from the Bible That was great The production Bible I love it Yeah I mean I love that you guys tackle well I won't say you tackle but I love that you address Black Lives Matter And um one of my favorite scenes that I talked about with you is uh um about how uh I'm blanking on our friends from yesterday Alicia Naji Yes Thank you Alicia Naji Thank you Um About how um we don't as a white woman don't know what it's like to be black and and he says that you will never know what it's like to be black And I think that's such so important to be said because we all day I can like you know understand or try to understand but it's true I will never know your experiences and you'll never know mine unless we sit down and look at each other and talk about it and yeah and wait No not right No You thought there was something underneath the No no no no no You're setting up the stage for communication and and people with different realities coming together and trying to you know harmonize It's good Yeah Yeah I really thought that scene was really profound to me I wanted to play the whole scene but I know we only have like a to play it or maybe even 30 seconds Well everybody can see it on too They don't just give out at me for show running You know we have another c let look at the trailer for uh season seven next on the bay We're taking Jensen to California State prison Did you hear that sweetie We got Jensen You tell the commissioner that I'm still a district attorney and if I find out that he's keeping Indie from me I swear to God I will Ok No everything isn't ok Prepare for the worst Why why do we do this plan You want to save your family or not There's gotta be a way out of here This place is surrounded by cars Tara that actually wasn't a trail That's a that's a preview of the episodes that are about to that are not on to be yet but they will be ok Yes Awesome I just want to watch it all I kind of want to binge it What do you think I was doing What was I saying It it's the perfect thing and you find a good show and it's got 7 to 8 seasons when I

found out there was season eight I freaked out a little bit I was like but there's eight season Yeah I didn't know that until Tuesday and such such great talent I mean Christos was saying that it's usually your first choice That's insane I mean I'm sure there's casting directors out there Like how does he do that So give us a little bit of your secret if you could Well I I first I have to shout out to Christos because he plays two roles and he really can carry the show and he does an amazing job doing that Um I think he's you know I always say that when you see Christos playing Pete and Adam you almost forget it's the same person and I know him very very well but it's uh it's easy to see um the difference I mean it's like watching two different people So he's phenomenal and then you know he's surrounded by some amazing iconic actors that many I grew up watching on General Hospital with Wendy but he sees it He's being he's he's not tooting his own horn he sees it I mean he sees the character and then he he has a great capacity of knowledge you really do for actors I mean you know a lot and and and he'll also find them and and then he knows OK that's it I'm sorry we don't we don't uh audition often We do every once in a while Um But most of the time if I have a vision for a character that I created and where we wrote together Um I um I know what they look like I know what they feel like and then I just think about things that I've seen and then I'll go and um reach out maybe we'll maybe we'll look at clips together But the way it but that's sometimes the way it has been the way it's been created is that it's just you know in his head working with someone that's so multifaceted in their talent Um Do you think it comes from his modesty or like what is that Because we're talking we're asking questions and you're like the show me and it's like how like so answer me how do it's just so mysterious to me Well I don't think I don't know that that comes from modesty I have to think about that It's not that he's not modest but I have a it's talent it's just talent There's uh there's a lot of talent and he can wear a lot of hats and uh you know when you wear a lot of hats you and if you have talent then you do well in all those areas And that's what he does And he also he hears other people He does listen which is a which is also a great gift He'll still do what he wants to do like most men but he does I'm listening to me What do you say to me All the time My work husband is like I have I like Kyle we got to do da da da And he's like you're asking me to walk over like grab that pillow for me Very large shoes at the time Jimmy I do have to say like she is the best writing partner to have I mean I think we have such a great time in the writing room We just it's so fun and you know sometimes I'll kind of go off the rails a little bit and she'll pull me back and like wait

we're not afraid of challenging each other if that's when it gets better Yeah two people We know that we challenge each other How did you two meet How did you originally meet Well I was a fan of her work on General Hospital I got a job on the show She wasn't there at the time Um But it was a different show Um And so my passion was you know I've always uh obviously I've always been a creator I mean as far as I can remember I was a creator or director in the in that world in that space And um when uh when I created the bay I kind of knew who I needed to reach It was just no question to ask So and so actually I did end up getting her but it was it's a good time But but but but I had the desire like if I was going to bring on an executive producer or co writer it had to be somebody that I respected in that space And so I knew her work We didn't know each other personally but Facebook you can meet anyone So we met through Facebook and um and I you know we had a meeting and she couldn't do it at the time And then I was very persistent and I kind of went back and said no you gotta do it So I actually never brought on another I never I didn't bring on another executive producer Um uh because I because I just didn't trust that person I mean obviously Christos is my partner in crime and I trust him with my life and he's probably in as far as the being in sync creatively He and I are massively in sync in every capacity But um but the uh but with having a you know a show another show runner because you know she's our executive producer it was uh it had to be the right person And so I didn't want to bring anyone else on until it was her Well and I think what happens then is and you guys know I mean respect and trust and once you have respect and trust the love comes and the work the work blossoms So that's in the Bible too So you know it's not in the Bible our next clip let's take a look at that right now and I wouldn't allow it Maybe maybe let's make Yes Yeah Yeah Take you for Thank you so good That was not in the Bible Probably not in the tour Baby Could be definitely in your mind right in your mind from the of seven Yeah we gotta get in your Bible I like that Ok So to be specific you're seven time Emmy winner um five as the show runner of the Bay and two for directing which is incredible You yourself I know I said 23 Emmys for the show But like you specifically is incredible I also have to read this because I just will stumble because it just there's so much time sitting across from me Um You're so you directed every single episode you wrote every single episode Not only to do that you've directed over 11 feature films When do you have the time That was my next question That's where these come from my dark circles But back to this I mean your workload is enormous It seems to be out of passion Oh yeah

Uh But like for artists in this town how do you make the time for normal for normal life Probably doesn't even have one But no I don't have one How do you you have kids So like how do we how do we figure out how to get him on the show that you have family time You blending work and life together all the time I'm also very big on holidays too So and there's a holiday every month So yeah And we um and we need to take notes a hard working dad that also has time for his family is just a very very uh I have to commend you on that for sure Because a lot of men kind of hide behind the work and just say well I'm working you take care of the family but you cook also Oh yeah I love to cook Yeah Did you hear that He was like my dad makes the best food was like Puerto pasta I got it wrong It was actually Puerto Rican spaghetti spaghetti spaghetti is the specific because if you think Puerto Rican could be penny it could be that particularly spaghetti And the difference is really in the which is a seasoning that we use or we prepare and then um and we make it with chopped meat He introduced me to the sofrito So I also cook a day So I went and made sofrito How did you do I my family thought it was great It was like it's good And I said what's that Oh whatever whatever it was that you added to make it more authentic I followed you know whatever it was the New York Times recipe it seems like you're good at putting a lot of the right ingredients into a meal or a film kind of the same thing Interesting Interesting Thank you B three lots of Bible quotes today Um But your son was so cute He was like I don't know why it's so good We thought what did we say We said probably love what he put in Like I know like it just so good A lot of olives Spanish of Spanish olives so hungry before we wrap up with you guys I just want I have to read this Ok Um So you also wrote and produced the Edgar Allen Poe the Raven which is also starring our friend Christos Andrew Andrews Um And we got Mike Manning who's from the Bay who's coming on Wednesday too And your son was in the Raven also wasn't he Yeah he he yeah he spoke about that I think it's just I mean honestly just like so inspiring to be sitting across from both of you with the amount of things that you've done and accomplished and the love that you have and the joy that radiates out of your house Well you talk about it to me I'm getting goosebumps That's the biggest part because I think to me that is just what inspires me to keep doing it and to to find the love and the joy and to know that things aren't always gonna be perfect But when you love what you do I watch the clips and I get all excited I'm like can we go back next Let's do it That's awesome Yeah there are times where I will watch the show and I'll just see an episode from season one That is good that we call each

other Well you guys are really great not just very talented but great people It was lovely meeting you Listen if you have watch the show yet watch the Bay don't watch it Binge the Bay I'm not a big person on binging binge binge binge binge binge These are your cameras over here Plug away Let the world know what is what is to come where how they can see you reach out However you want to plug away on to binge the bay on two B the bay on 27272 seven on to make sure you binge it binge with us We'll be binging the bay for the rest of the week and um next week because you guys have a big release on the 15th for video on demand Um So we will be binging the bay with you Thank you so much for being on our show Thank you Christos for being on our show too Wherever you are in your day I hope you find the good it spread it to whoever you may and we'll see you tomorrow Bye guys So good I got goosebumps Yeah Yeah Oh a chance They love scarce and is in