

## GDL March 2, 2023

And with greater scarce and the it takes two baby it takes two baby Me and you just takes 255 Well done Welcome to Good Day LA Today is Thursday March 2nd 2023 We still have here in the studio with me and the Natasha Kyle T I'm Michelle Mera If we're just tuning in for the very first time Welcome Welcome Welcome to the show You are the feel good show on Amazon So let us know where you're tuning in from We got the chat I want to connect with you Kyle just had a birthday yesterday How does it feel It feels good 36 feels pretty good Pretty good birthday Pretty good Pretty good Yeah What did you do What did you do for your birthday You know went out with some lovely co workers for a little burger Yeah Where did you go I went to an event What was it called The Honor Bar And did you have that much fun Last night I went out with some friends last night to a networking event And uh that was pretty cool because I heard some directors speak who had worked with a lot of popular artists like Lizzo oh my buddy who you just got in contact with you just figured out who she was I I live under a rock However uh it was really cool to just hear the directors because they are kind of like filmmakers like me where it's like they're not always funded like \$2 million to make something special Yeah And he was saying like he was like I'd rather not get the 30 year vet cinematographer but get some guy straight out of school and just do a gorilla style So I was like oh this is cool It's cool It was cool last night It's nice to connect with people that are doing incredible things and I'm glad that you are you know you did something that is helping move your acting needle along Just a storytelling needle Really You storytelling producing It could be acting I I my parents think that's what I was really meant to be like that Yeah Yeah Uh I think coffee bean is coming in hot but um yes they love your acting You're such a great actor Coffee bean coming in hot from Uber eats Hi How are you Welcome Welcome to the show This is thank you so much Have a great day Uh coffee bean coming in hot Thank you Coffee bean and Uber eats for making my dreams come true Yeah Oh it's how we start every morning Um Well how I start every morning k sometimes participates in it Um But that's only you know if you're down That's right Um But yeah so it's cool about being I I see you as a director because you're such a man in charge I like almost ask like how you're able to be an actor because you're you've got this like commanding presence and like I feel like what I just feel like you're just so good as like being in charge not that actors aren't in charge but like you

just like yeah technically they're not very like a directorial energy more than an actor You 100% have a de director director directorial energy You have you have like the boss I kind of do the Thank you big dad energy in case nobody knows what that is No you know I like being a leader more than a boss I don't like telling people what to do but I do like helping people get to where they need to be that I know I'm with you on that I have that you do But I do like to control a little but not control advice advice advice No I don't I don't like you know I like to say OK this is this is my thing I like to tell people like I like to I like to I'm a director I'm more of a director than I think an actress for sure I think it's just also because I can see like how it should be done or how like it can be done And I'm definitely also a producer So I'm very very much like your face is everything I'm talking I'm just looking at you I see like the eyes and the monitor Sandy had a really great idea where we should put thought bubbles next to our head Thought bubbles next to our head when I talk and when you talk and it's like huh this girl she's going again I feel like we've been married for 25 cash Cash was uh helping me out and uh guest hosting one day and he was like I'm sorry what did you just say And you were like see I appreciate that Kyle just stares at me blankly and just lets me go on right But I'm listening to even though I have a blank look I'm definitely listening You are definitely listening You're always listening You're an excellent listener and which makes you an excellent actor and excellent um on camera host Um You know I actually want to ask you this um because you and I talk about money a lot Um mostly like my spending habits right Like you're always like commenting on like my spending habits So I want to get into this if I can find it Um I just literally just took a screenshot about it Speaking of which um if you look into the good day lives uh DM Si got a little mathematical financial equation for parents with kids You do Ok Oh yeah Well we got coming on um she's just off of ABC S uh show about parents Um so we can talk to her about being a parent She I believe was runner up on the show Um like she was one of the finalists Um and she's also CEO of L A mom magazine I believe Um So we're excited to have her on and you can ask her all the questions you want because you want to be a daddy so badly Ok This is what we got ready I'm moving in with my BF next month and I'm super nervous to talk about how we split our expenses I know I make more than him but he's super secretive about money How can I have this conversation Ok Well let's start Let's go all the way back to the beginning where if he's secretive about money how do you know you make more than him That's great I didn't even think about that That's great

That's great I think about words He's secretive about a lot of things but I think the money thing sounds like they're open about it Secret Does that word even work in a relationship Really I'm with you on that But I also think like is she moving in with her boyfriend that they're going to get engaged Let her to be married Listen I think it's super important to talk about finances especially if you're moving in with this person If you're not moving in with this person like and you don't have a clear cut of like how this is gonna go it's gonna end My parents scare the crap out of me because they have all joint accounts and I'm like what's wrong with that You got to have a few accounts like one account for you You can have as many joint accounts as you want but you do need an account for yourself You can't have all joint accounts Well when you're married I feel like that's fair That's what they said But here we are Well they broke up because of finances Your mom and dad Oh my step mom and my dad 00 ok Ok Ok I was like what I was like Kyle I have to break it to you They got divorced when you were three only a few years 33 year old It's ok It's ok Um I don't know Listen I dated a guy um on in the on the east coast and he bought a house and he wanted me to move in with him I was making good money but like not the kind of money that would be able to pay for like a house Like obviously he had way more money than I did at the time And then I would help contribute like in little ways But we never talked about like how he wanted me to contribute And so I contributed in little ways like getting groceries here and there and like I didn't have that much and then out of nowhere he's like I need you to put \$600 down a month in rent And I was like wait whoa whoa First of all we have this conversation to begin with you you shouldn't be renting if anything you should be putting down on the mortgage and you would own it was his house Exactly If he's paying a mortgage and you're not paying rent especially if you're like in a relationship with him you should be putting down the mortgage but you just putting down \$600 and not actually owning a piece of equity in the house is actually him that's fraudulent That's not that's not ok I know I was like the first question I'm moving in with my boyfriend next month and I'm super nervous to talk about how we split our expenses Yeah like you're gonna move in with someone that's secretive If it's just about finances I can understand that Especially if he is making less than her It may be significantly less than her So he does want to hide it Ok But I mean you need to talk to her about that because for instance you got an example what do you got I was dating someone in three or 45 about five or six years ago and she was having some trouble financially So she would stay with me and then rent out her place

that would basically pay for her rent She was living and I was also paying for the food Ok And it was all good I actually enjoyed it because I liked providing and energy big dad energy But then we came like around three months of doing that around the three month period she made a couple of statements that just signified that she wasn't acknowledging that I was like providing providing and actually making it possible No not enough Ok She didn't it wasn't acknowledging that I was making it possible for her to even survive in L A Like I was like hey like I don't even think you could you can't survive without living at my place without paying or me paying for your food She made some comment that was just like she'd been doing it all herself And I was like of course you took you took that one tough I didn't take it tough but I had to say something I was like hey I definitely like you know I'm paying about an extra \$1000 a month for you I just you know little thanks would be cool because no thank you No nothing just like we were just doing it like and then the thank you No thank you were fine But then saying things that were kind of insinuating You really weren't appreciate it at all I was I stopped and I was like all right Well let's let's see how you do without it How long do you guys last How long did you leave How long did you it was one of those experimental situations that went on for a little situation you know like you're you're never experimental This is experimental this is experiment You mean we're not together You don't have anything to share with the audience Joe's like Joe's watching going like get right Joe's like that's not a thing It means you're probably dating It's hilarious That does not that's not what that means at all No idea is like we just like flip the paddle and then it says that we are and um OK So so how do we answer So how does she have this conversation We never really got to it I just feel like if she's that if you're OK if you already have it that it's that secretive I don't think this is I hate to break it to you I just don't think this relationship is gonna last Well I mean because finances is everything right not everything but like it is like in a sense like if you don't know and you want to move in with this person you want to take the next step with this person If you don't know then you'll never like like if they're embarrassed then what are they what else are they embarrassed about Well that's not fair But I think that's fair What do you mean he embarrassed about Fine But like let's just stick with the facts that he's secretive about his money Ok You want to sit down and talk to this guy You got to identify the fact that he's being secretive about his money All right Let's just start there Ok But how do they have the conversation How would she have the conversation with him I'm a bit direct

So like very direct We just talk about I'm so directorial but I would say like just identify it Listen you're very secretive about your money Let's open up to me and hear what he has to say before you say anything OK All right So so are her advice the advice to her would be what Probably listen because he doesn't because he's being so secretive I think you need to create a safer space for him to open up Yes Maybe she should do what that one therapist did on our show Tracy Taris where you put your forehead with each other And I was like you want to do that with me You're like no I do not want to Wow How do you really feel Ok Here's the next question I've been dating my girlfriend for two years and she wants to get married Um Very cute I love her but she's younger and I have a lot of money saved that I'm afraid of putting at risk if we were to get divorced Help Please help me please I want my partner to earn as much or more than me Am I a terrible person Is that a woman or a man Speaking that Oh that's a man I've been with my girlfriend for two years and she wants to get married I want oh she wants to get married Oh she wants to get married I love her but she's younger and I have a lot of money saved and but I'm afraid of putting putting it at risk if we were to get divorced Help for agreement I mean yeah that's it I'll see Well I also think communication right Like why aren't we having these What Wait wait wait wait wait wait wait wait wait So the binding agreement But you should have these conversations before you have the binding agreement Go to a lawyer with three with three last names at the end Ok preferably you know three last names at the end So wait the more the more I wait the more last names the better you know five and five minutes in shorts You know what I'm saying Knock it out 30 minutes Hey honey I know you're 10 years younger than me Let's get married like you wanted to Hey could you sign this for me real quick Appreciate shit Yes But like I still think that's important To have these conversations about communication is everything who said this last night or spa One of our guests we love you or he talked about communication real get grinchy I think it's important if you're not communicating about these things in your relationship you have no relationship the contract is signed and you have any questions please refer back to page seven Kyle Yes If you have a relationship with someone and you're not communicating about these things already that you don't have a relationship You do have a relationship It may not be the right one So you want relationship nonetheless right But like I don't think it's a relationship worth getting married with like two No no no no I mean if you're scared like he seems scared what she'll do with his cash maybe you shouldn't get married because he said interestingly enough he

also said she wants to get married He didn't say we want to get married Oh yeah she wants to get married I'm always looking for the Freudian slips a little I like the little like Freudian slips Freudian slips Ok Here here's the next one I want my Yeah I know I want This is what I love is that Kyle And I always talk about money You always talk about like you make fun of me when I buy \$10 coconut water and I'm like small coffee right here Ok Well now now that's the truth that is coming out But like but you it's so funny because it's like not your money But it's so funny how like you're like \$10.10 dollars Ok Anyway um I so I thought these would be fun to play It It's not that I'm cheap It's that I'm like very adamant about the value of something Mm I don't even know if I'm frugal Like I I was buying \$20 drinks last night and I had like six of them That's not frugality You had six drinks last night I didn't you you spent 100 and \$20 on alcohol You just got a yesterday What what it was my birthday This is why I don't go out and the panel Not for nothing It was a little boring So you have a drinking problem Now I had I averaged a drink in a half an hour That's not too bad Too bad too bad too Plus I got Nick one my birth appreciate someone gave me drinks on my birthday But what are you gonna do What I was gonna buy another Oh I thought it was like an indirect slam at me I was like I wasn't invited Ok um here's the next one you get enough for my birthday Speaking of which shout out to Michelle Mira making me feel super special on my birthday I'm talking like an 8.5 to 9 minute video of getting like all these people to say Happy Birthday I'm very lucky to have a co-host and a coworker like you Michelle I like the point I'm lucky We're lucky We're both lucky Uh here here's here's one more question and then um and then I wanna take it back to yesterday because I thought it was really cute Um ok Uh all right Oh no no no I think these are a couple more So on the first date Who should pay II I agree with that I agree with that I think but then are we setting up the trajectory of how it's always gonna go speak up call us back to communication If you don't have communication you don't have anything Can you sign this right here Appreciate shit So on the first day a piece of paper across the desk in a I really think people would be intrigued depending on the girl I think there's plenty of people that would be intrigued if I split a contract across the table and they read it and it was like you know hitting certain bullet points I think someone there's people out there I told you and I need to sign a contract as friends I said you know like I don't do very well when like so when there's any friction we have to communicate and I call you annoying and he was in the car with me I was so sad Um OK here we go

Uh One of our friends in the chat Rosal Linda says that um men all day should be paying um on the first date But after dating I say both teamwork makes the dream work Oh I think that's teamwork makes the team work Ok That yeah Um happy birthday Oh happy happy Thursday Uh it's a happy birthday It was Kyle's birthday yesterday I think Rosalinda tuned in yesterday but I can't remember the Happy Happy Thursday and the dream work Yeah Yeah Yeah Um this is cool Um and I want to know your opinion I want my partner to earn as much or more than me Am I a terrible person Somebody's really lazy No I think you know like their teacher and I need like what about teachers What about teachers Ok Teachers only make a certain amount of money per year Um so they make you want a different lifestyle get a different job No No no But if you want your partner if you want your some people do that they're like I need a certain lifestyle so I need to date a certain person It's like that is not gonna that's not gonna vote well in the future I mean you're gonna you're gonna end up being with someone that you're technically not compatible with based on just because their finances are correct It's I don't know it seems like it's gonna fail Listen I love hot topics with you Especially about finances because you and I have both very different views on money I think we do do uh you're like the Warren Buffett Mindset What what's the Warren Buffett mindset Where he you know he'll he'll buy a \$2 million car if he likes it but he's not just gonna oh that's worth that Well I'll pay for it because I can afford it That's not him you know what I mean He doesn't just spend on things just because he can afford it Well I don't do that either I don't do that either I only I only do things that like provide value for This is about warm I love I passive aggressive This is not about you right now Michelle let me talk I'm just saying I'm not like digging I'm not making a dig at you All right All right All right Ok Ok I'm not Who do you compare to Which which what person do I compare to in terms of finances do you compare to I would say Oprah Winfrey Yeah Yeah And you get a call like I'm always a big believer that the universe is very generous and abundant And if I think that like I'm constricted with anything then my whole like body goes Uh And I guess that's also like part of the way I operate in life If I feel like I don't if there are limitless opportunities then I'm able to be my authentic self See I don't want to ever end up in a bad way because I thought something was limited limitless when it wasn't like you don't want to run again kind of thing also You were given a brain right Like like yeah so like I believe that things are limitless but like you also have to put the action and effort behind that and I can't just like sit on my touch and

expect things to just come to me Although things came to you and they continue to you know just like show up and you get a talk show Um Oh yes And if you're not getting any of these inside jokes make sure you follow good underscore Day live on Instagram and Good underscore Day live on tiktok or you can see the behind the scenes um antics of me and True blood and a little bit of our buddy Andy Wman and guests on the show Um It's super fun and you can learn about fashion and hair products too Ok Um Yes Rosalinda wants to know about hair products Let's we did not give a shout out shout out to Bounce curl for sponsoring this episode We love your products And um if you listen if you are a girl or a guy with curls this is for you It's all natural We got defining butter but talk to me about defining butter Well listen all of these products don't have any p e G and that's a carcinogen that helps uh chemicals be absorbed into the body but not healthy for you So what bounce curl did was took them out You put it in your on your hair Yeah Yeah Yeah This one this one goes to the hands Feel so good I'm gonna get some in the hair We got the gummies The gummies are vegan if you want to tune in and like actually know how like the process to put all of this into your hair and and the best way to do it tune into our Monday episode with Persa Bella She goes through the entire process Her hair is extremely amazing It's incredible She has incredible curly hair She like literally her curls are so amazing that she inspires people like you in the curls to get the curls back I don't know if I'm ever going to get them back but she inspire me Listen this is also Collagen Gummies um for your skin and your hair Um Kyle she says wait you don't have hair Yes Kyle does have hair He just shaves it put it on your beard just come closer I want to smell This is this is where people think we're dating Can we see how good does that smell like Come closer Yeah Well that's really good Kyle and I have been friends for what two years now and I literally looked at it and I was just like I looked at our first uh our first email correspondence It was February 27th 2021 in the queue She said you all are hilarious Yes If I grow my hair out Yeah Yeah Yeah Yeah Yeah Yeah Yeah I like the look for a while Yeah I like the shaved look on you It's really cute Look adorable I love Kyle True I'm a huge fan Um Oh yeah So yes yes Yesterday we had some festivities So yeah we're seguing Um I want to get to the festivities festivities festivities I think Wait hold on here we go Let's take a look Yesterday was great Kyle Wishing you a happy birthday Happy birthday to you Kyle Happy birthday to you Happy birthday Happy birthday Kyle Your little Pisces You Craig shame And I just wanted to take time to wish you a very happy birthday Happy birthday papa I just want to wish you



a happy birthday Happy birthday Wish my brother Kyle Happy birthday  
Happy birthday Kyle Happy birthday Kyle I just want to wish you the  
happiest of birthdays Happy birthday Kyle Happy happy birthday Happy  
birthday Kyle We're so excited to celebrate with you Do you make my  
dreams come true I love you Happy birthday Wow my gosh happy birthday I  
feel it right in here right here that it's heartwarming for sure You got so many  
people to say happy birthday So there were more Um there were more so I'm  
so lucky to have a coworker like oh get in here Get close Yeah Yeah Yeah I  
love you I love you Um adding to the fuel to the fire Yeah I know I know  
And they go to the buyer are they aren't they It's a Ross and Rachel It's a  
Ross and Rachel Ross and Rachel We were on a break We were never on a  
break No we were not We were never together Um I can't like all these  
products Yes they're really really good Um You know what I just heard of in  
my head Dre Renee was like applying all of this Did you know was like  
touching everything was like I want a new and she was like talking and she  
was like doing her hair on the show It's so funny Um Yeah make sure you  
tune into yesterday's episode You can go to the replays here on or you could  
go to Good underscore Day live on Instagram Good underscore Day live on  
tiktok We're also on youtube believe it or not Go to uh Good Day Uh Even  
talk Good Day Live with Michelle and Kyle We're everywhere We're also on  
Facebook too So make sure you're part of the fun because we're growing at  
massive speeds massive speeds me What's what what why are you going in I  
bring it in bring it in and then push it up Um We have a very special guest  
today Um I'm super excited Miss we're really excited for her She was just  
um just on ABC we're going to talk about her and she's also the CEO of L A  
mom magazine So listen if you are our parents and you need some parenting  
skills and advice this is the woman to talk to So don't go anywhere Rosalinda  
We know that's you We'll be right back after this Don't go anywhere We'll be  
right back we'll be right back Good Hi how are you So here is our Jari and  
box it You wanna get it charged up You use this fantastic charger over here  
This is the output over there and it has an extra cable like this with the ability  
to charge it in your car So that is really cool So we have it all charged up It  
has here you can press on the display you can see now that it is not drawing  
any power it is not bringing in any power and it is 99% charged which is  
cool So as you wanna use all your separate things you can turn on the little  
lights and it will show you as you can see there that now you can draw power  
out of them or you can turn them off just like you would at home if you do if  
you wanna leave something plugged in but not having a draw power there

you can turn it off So let's have some fun and see what our Jay can fire up So in the past We have used the Jay to light up our lives with go We have charged our cell phones and we have done a few other things But oh we've even lit up the Arrow Garden How amazing is that that we were able to light up the Arrow Garden But today we're gonna push the Jari to the limit and uh we are gonna take a look at the this works What's this This works That car vacuum Awesome Very cool And we could even take a look at Tabi used it And uh how amazing is this Oh my goodness You can just keep on going and going and going You can get into every little crack and crevice in your car with all of this How awesome So this is what we're gonna do We're gonna stick it into our query Let's do it this way So you guys can see what I'm doing Turn it on It's a little light and the display have gone on because we are about to fire this up Thank you Mr Jackie There we go That is cool So let's see what else we can fire up today I mean that you can I mean that is just so cool You see powerful vacuum Jackie fired it up Let's have a look at some of the other things that we can um fire up today Let's see Here we go So let's try the LaVoy Air purifier I mean this is a high power drawing eye item I think I would imagine So it's not something that you would generally plug into this little power port here Amazing if this works you know how incredible this must be So not only is the Jari used when you are camping or exploring the world in your RV or your car the Jakey can also be your backup power source for a disaster Um You know disaster Come back to get that line I'm Michelle Mira If you're just tuning in for the very first time Welcome Welcome Welcome Along with my good buddy Kyle Trueblood and we have a very special guest We have Sharia I'm gonna read a little bit about you Um For everyone that's watching um you're a founder of L A mom magazine hosts Mom's Matter Talk show and most recently was featured along with her husband on the ABC show the Parent Test where she was featured her traditional style of parenting Welcome to the program Thank you for having me Thank you for being here So Kyle wants to be a dad so bad Um He wants how many kids do you want them Be Great Seven Ok You know I never had one yet so I don't know how to really judge this but two sons right OK How did how did you become like did you always know that you wanted to be a mom Was there always No I never thought I wanted to be a mom Really Yeah Now I want to be a journalist and I wanted to be like Christian Amanpour and travel the world and save people's lives and you know be the voice of the voiceless And then I fell in love when I was 21 I got married 23 and I have four girls Like boom boom boom boom I half of you know almost

half of what you want I'll talk about that later Um But yeah but I love motherhood It's the most magical and incredible thing in the world And there is no achievement greater in the world than being a mother But he's like he's like digest that because I was a nanny for so long and I'm just like I like it Like my whole body starts to like crisscross I'm like kid What No never Uh But yeah it's amazing So um how old are your girls Wait they're all girls girls Why did I I didn't even I feel like I knew that but didn't I didn't like know that I feel like it's gonna happen to me like I'm just gonna get all girls I keep putting it out there Good luck You'll be fine You'll be great You know BDE Big Dad energy He's all about kids OK Um So how old are how old are the kids the girls So I have a 19 year old Eden who she's living in New York She's at Columbia I have a seven year old who is a senior in high school So she's graduating and God knows where she'll end up next year but she wants to leave so she'll be gone and then we'll have two left at home Um Lily is just turned 13 She had her bar mitzvah and 11 Our baby is 11 Camille That's so sweet That's so sweet Um yes motherhood is the greatest job ever Absolutely love every bit of it Did you have any idea that it would be so magical Did you say magical It is magical It is magical that it is magical to you Oh my gosh Oh There's so many things that are magical and I have to say they don't have to be your birth Children Like I birthed them I brought them into the world I held them for nine months and I went through all of that But I have many friends who have adopted or who had surrogates or adopted family members kids And they all say it's magical too because they are these empty vessels that come into the world and your positive energy and everything you teach them and everything you show them they're seeing for the first time So you get to choose how you are going to really mold this person right And then they and then they and then they become like young adults at about 13 14 and then they tell you but hold on a minute This is what I want to do and then then it's magical because you have to give them the tools to then make their own dreams come true And it's amazing Amazing Wow I felt all of that I feel like uh I feel like the grinch now because we make fun that he's the grinch Um But I feel like I'm the grinch in this department that like hit my heart that hit my heart big time there Uh There's also a clip that uh hit our heart Uh You are um a host for Moms that Mat with moms What is it Mom's Matter Talk show right But let me take the first clip I'm gonna show you a first clip that was with um Here we go Hi I'm Randy a a mother wife daughter entrepreneur creator of L A mom magazine And this is my life was born in Iran I was just a little baby because of the revolution So we migrated

over to Los Angeles which is where I've lived for my entire life I went to Beverly Hills High School and then USC for my undergrad and graduate work I wanted to be a journalist and travel the entire world until I fell in love at 20 and got married at 23 I have four beautiful daughters and I have created a mom magazine to help moms navigate the very challenging life of motherhood And I love living in sunny Los Angeles and this is my life That's awesome You can see it in your eyes How much you like being a mom That's awesome That's really cool And you're oh sorry you have a you don't go for it You're the you're the dad in training No I I was curious you mentioned that you were a traditional what does that mean to you Traditional parenting is when you we're really blessed to have incredible parents who had great traditions that you want to then pass on to your Children So for us it's about Friday night Shabbat dinner is where the whole family gets together and home cooking from the old world that are passed generations down Respect is huge in our family So you know you have so much respect for the elders You make sure that you listen right And you learn from them and that's really tradition It's just about passing on all the great values that you've learned from generations before you It's huge Yeah listening to your elders is so I think that alone can like really help a human grow for sure You're just like you don't know everything Listen to the wise That's great It's super great You you mentioned that you wanted to be so I I'm not not talking to you but I am talking to you You mentioned that you wanted to um heal the world like with your journalism and it sounds like you're doing that with by being a mom which is really really gotta give me goosebumps because they're just like so beautiful I mean it happens one person at a time So we try and do it with our Children and their friends in the community And then I created L A mom magazine to do it for other moms because I thought you know what it takes a village and you need community and you need support And so I wanted to be able to create this place where moms can get great advice on how to like navigate their lives It's not easy to be a mom right That's smart Um We have a segment of moms that matter with a couple of special guests Our next segment here you might recognize them but I'm not quite sure if you will You're watching Mom's Man right here in Ever Talk TV And today I have brought into the studio I have Lily and Camille Welcome to the show Barry Hi So I thought it would be interesting for moms to hear from kids on what it's like like the pressures of childhood Do you feel sometimes like you have a lot of pressure Yeah Um What kind of pressures are you dealing with Camille Like yeah screaming at me to go to bed had a piece of advice to give

moms that are watching this show right now about how they could be better moms What's the one piece of advice real advice because you need to have a bed time But some real advice like send me one thing that you would tell moms I would tell moms that like to get snacks that are really healthy but that also tastes good Always listen to your child because one someone didn't listen and it did not add up Well so you're telling moms that they that that you should listen to your kids because your kids know what's going on These are the Children of L A mom magazine Give it to you real on what it's like to be these cute little Children I love you Thank you for coming on my show Say goodbye to everybody and these are the girls that are now 13 and 11 That's Camille She's going places for sure She's like listen let me tell you something All right Let me tell you They're so cute How old are they there Oh my gosh That was a long time ago Wow I don't know maybe six and eight Probably six and eight Rosetta says OMG leave it up to the kids Lol they are absolutely adorable Oh poor girls not to get too dark but like a what was a challenging moment in parenting for you Oh my God There are so many challenging moments I mean I have to tell you we just came out of COVID Right Right So you're essentially and I know a lot of people choose to home school but that's not one of the choices that we had So we were home schooling four kids and they weren't able to see friends they weren't really seeing family Right They were scared to death that they might die And so you're talking serious mental health and like physically you've got to be there you're working you're taking care of your kids and you're trying to just keep them calm when you don't really know what's happening right We're not sure what's happening ourselves and you're trying to keep them calm I think that's one of the hardest things The hardest challenges is the mental health really with kids today It really is really challenging Yes with the social medias and the access to everything and thinking they're never good enough because everything they see isn't real right We know that we can tell them that until we're blue in the face But the truth is that what they're seeing isn't real and they want to be like that And so they're never good enough Do you find that like maybe you taught something to the older one that she might pass down to the younger one which saves you some trouble It's actually a great question And yes my two older ones didn't grow up with tiktok and Instagram and all that wasn't there Um And so they're always looking at them saying no guys this isn't it And so they will listen a little bit more to their older sisters and they intervene and it is really helpful So that's great Yes I'm an only child So I was I've always wanted to have a younger sibling

to teach something to So I want a whole like now is a whole team But um it to your point about adopting kids my favorite cousin adopted is that right Love him I love like I love him and I do believe it's very much like I mean I had the most I have the most amazing mom and the most amazing dad And I like there's still I don't know what it is It's like maybe like I've been scarred from things I've seen or like experience but it's just I don't know it's when your parents get the um it's almost like a like a book Like you do like a cosmic download Like as soon as you have a kid you just know what to do It's amazing Yeah I mean you're in that home hospital you have that baby had never changed a diaper I had never I was never around babies before and it's a good way of doing it But you're right It's like a cosmic download You just are like I love this human and you hold the child and that's it It's just you figure it out My mom was the funniest story about that She was like I because you were my like child So like when they gave me to you and they were like you can go home I couldn't believe they let me leave the hospital with a child But I was I felt unqualified to do So there was like some like diapers was gonna like steal me back or something She was just like I got a kid now and she just went from there and just got to wing it But I think that's so true I think all of us don't feel equipped right There is no manual on driver's ed right But you have so much love That's all you need If you're anchored in love the rest of it just comes you figure it out You know there's it takes two baby it takes two It was like all you need is love or something Oh maybe I'm not quite sure that's fine Um I want to know about what it was like to be on the parent test I think we have a segment of you um on the national stage with ABC You see a show of hands a show of hands of parents who spank Let's hear from the anger I want to hear what you guys have to say because you didn't raise your hand I I grew up in a family where no one ever raised a hand on anyone No spanking none of that And I promised myself I would never do it I mean we all get very frustrated as parents I think it's difficult but there are so many other ways to handle it I just could never imagine ever spanking my kid I didn't know the thought of it is making me feel very uncomfortable right now It's making my whole body heat up I was shocked when we did a show of hands of how many parents have hit their kids Violence is not a tool that's in our kids It's just exerting power and we don't believe as parents that we need to exert power by force What's so funny These outfits look at how handsome dad is He looks I give you an a plus for that guys It was really well done I think you look lovely Oh thanks guys Why did you take this out Daddy Got it for you And I thought it would be so

sweet so sweet It wouldn't have been my first choice for my outfit but I'm so happy that it came with so much love from them and how they chose it and I'm totally fine with it Yeah I love that No that that was a really good question too Such a polarizing question Yeah Um it's interesting how so many people actually do hit their kids Well also I thought that there was a um there's criteria a little caveat there if you have boys or not Oh that's interesting Do you think boys versus girls No I don't think it's ok to hit any kid as a parent I have to agree with you but I do think that you you could possibly you run the risk of being tested a little bit more with a boy Only because I am one I was gonna say what experience do we have You know I was a football player Uh uh me and my dad have gotten into it Um but I thought it was deserved honestly And um Rosin has 45 boys Oh well the chat is like talking with each other Um Boy thank any of them at all Um Who else Somebody said wow five boys Um we love the interactive chat and how you guys are all like interacting I mean listen I so I I was a nanny for like forever and I got the privilege to I do say it was a privilege because um it was a time in my life where I wasn't unsure of what I wanted to do and um I was paid really well and I was surrounded by a lot of love and the little guy that I watched was a terror sometimes he was a terror and he would like be like I hate you you're not my real mom and I'd be like I hate this too buddy sometimes Um But like he was very like physically violent and I found out that his dad like I guess I'm over sharing at this point But like there there yeah that's true There's like a little bit of like you know anger management within the family Um And so instead of like being like I needed to you know like I wanted to like slap his hand so badly but I I couldn't one because it's not my child and two because I don't want to do that So he would give him like a really big hug I would give him like a giant hug and I'm like I'm gonna squeeze you I'm squeezing you and he was just like and then he like started to calm down Um and I was like I love you buddy Like we're gonna work it out We're gonna figure things out Uh This is challenging for me too That's good He was like three Yeah And I think that's the proper way to do it Your husband actually put it the best way It's just exerting force because you're frustrated frustrated It's your job as a parent to figure out how to conduct the communication That's right Not just revert to violence That's right That's what it is It is Absolutely That's all it is Right So we're supposed to be their role models and we're supposed to teach them how to control their emotions and not get physical and then we spank them then what are we teaching them Right I mean there's yeah you're just short circuiting your own emotions and

teaching them to do the same really well I think it's so easy to go to physical violence as opposed to like like it took me I mean it took me a lot to just be like ok I need to check myself and like take this little little human into account because I you know very much was there from like 7 a.m. till 7 p.m. So like I was part of the like his you know nurturing system So I would just like squeeze them like with a lot of love because I also don't want to think it's ok to go out into the world to get somebody else right Like because you know you're so young and then like I I wasn't like hit I mean I slapped on my hand for sure a couple of times But I think with a brush but I again I would never go out and do that But like if you are taught that at a young I think it's very possible you know uh that you would go out and do it into the world Oh Yeah what we're talking about is processing processing emotion Yeah that's right Um So how do you were you you were raised I assume the same exact way you're passing on that tradition Absolutely Traditional parenting is best And so now I'm sure like and this is the thing like if you were a parent that say did revert to hitting their child I don't think I could ask you this question How do you process your emotions when it does get to that level And it's like I don't you gotta come to the point where like I don't know how to communicate with this tiny human right now Well we do the same thing with ourselves and we teach the kids to do the same thing and we say stop and breathe and it's called start breathing and we do it for ourselves and we do it for our kids where you're aggravated we're aggravated you literally in out and you do it all the way through and by the time you're done it's over That moment is over So you've learned to process to calm down It's like a meditation but it's a short you know five second meditation You've taught the kids now not to be reactive you're not reactive and it's all calmed down and then you talk about wait why are you acting out Why are you wanting attention What's lacking And you have a discussion to find out what is going on underneath Wow that's going to help them in so many areas of their life So many ways I mean you just can't not be successful if you can process your emotions and understand how your own brain is processing and thinking right I mean you think these kids are going to be adults how are they going to have relationships How will they have healthy relationships if they can't learn to just take a moment and not be reactive Take a beat take a beat 100% Well what's it like being on the show It was so much fun I thought you were going to win I thought for sure you were going to win with you and your husband I was like these guys are amazing I felt like when he was like who hits a kid and everyone like OK you guys are you guys are



done You can leave the people We actually really enjoyed it when they they reached out to us and they said hey we'd love to cast you guys for this My husband said absolutely not Are you out of your mind Great family We under the radar like why do you want to be I said because in life you know what you got to take risks sometimes Absolutely Like Bravo it was ABC Disney family We did research on our producers We knew that they weren't going to since they anything And we have an incredible family So we thought if we can get out there on national television and share our rituals and our value system maybe we can teach something to a couple of other families out there So we did it And my husband said OK for us for me because they are now on national television and they must be so excited You guys are such a cute family and watching it And like with your tradition In the way you just say how open you are It just was super like inspiring because I am like in this space of like do I want to have Children And if I were to have Children what would it be like And I feel like I feel like the more I was watching you I felt the more I would be open to it I've been telling you this she's like I was a nanny I know what it's like I'm like it depends on the kids you were watching Really That's that's the experience you're getting not all the encompassing uh experience It's really just like a point anecdotal you know 100% like I want you to have kids I'm like thanks Well I'll think about it Um That's so cool I uh we have a lot of people in the chat Um We have to give our Children the tools and consequences when it comes to that about hitting Um I say take away their uh gaming systems their toys and sit there and ask to explain what could we do better Oh from the children's perspective Interesting That's what I that's what she does for her kids Have you ever done that or you ask them like what could we do better all the time all the time That's what I think we were doing in the interview that you showed that 000 yeah Yeah Yeah that that that that I think that the guy who has five sons so he says he does a slap on the hand for smaller Children You did that too Really Wow Because sometimes you don't notice that you're raising your voice right You're going up a couple octaves and there's no reason to And so when they say to your mom we really don't like it When you talk to us in that tone then you check yourself and then you stop There's no reason to and there's no So like how do you take the ego out Because I know some parents get hearing that from their kids like I'm the parent don't tell me what to do Right I think it's really different I think if there's the tone of their voice right It's everything But if you're asking them if you're opening up this dialogue and you're saying to them hey how can we

improve Because it's not just a one way road right The relationship is yes I'm the authority I'm your parent but you've got to open up that question So we open it up all the time We do it a couple times a year at the dinner table and we have a conversation about how we can improve your job easier I can imagine so much easier to check in in the office Right Let me know what's going on here so I can conduct myself appropriately Right And you may not always agree and you may not change Right And so their word is in golden But yeah if I'm raising my voice I shouldn't be You're right Thank you I'm not you know the kid says like you should go to bed at 10 You're like ok they give you some advice that you'd like you can't you're not gonna take you just let it roll off your back Yeah I I you know what I do think there was something to it Not I think there was something to being a nanny and then to not never having changed a diaper because like you didn't know what to expect and I feel like I know what to expect but I don't you know what I mean Like it's just like I've just experienced trauma trauma trauma that's why you were paid that's why you were paid to do it That's why I was paid But then I was like nobody wants to do This is what I was thinking in the back of my head I was just like people love to do it clearly Like she has four Children My dad he'll tell stories all day about how he used to love changing my diaper Really That's so sweet Like I never thought I I but I just felt like I have this son now and that was what made him feel like a dad I love that Um I gotta get to these uh these comments um usually spanking or slap is to stop behavior that is over the top or dangerous that a child is performing better They learn as a child because police and other adults will not tolerate when they become adults Serious consequences Well yes it's controversial What do you mean I don't know if they're going to be doing the same thing when they're adults as they are when they're Children I feel like doesn't that set the blueprint Right Slap on the hands that they don't do this as adults It's like I don't think the kid is going to be shouting and screaming We don't know that We don't know that But do they need to slap on the hand to change Maybe maybe not No she's gonna stand by No And I and I have to stand by her with boys and girls I just do find it interesting that he has five boys and that he has to like he's just like well sometimes he has to because said she never hit her voice Cricket says he does Yes A slap on the hand has never hurt a child Yeah I got a slap on the hand but it did hurt I remember that was a brush It was a wooden brush I mean you're telling yourself it's a little sadistic like you're telling yourself it's not hurting them Are they saying it doesn't hurt Because I doubt that Is it interesting watching two people that are yet to have

Children Like talk about Children Are you like ridiculous It's interesting to see it from the outside too I'm sure you guys have some great ideas and you've learned a lot just watching So you know you figure it out as you go I still don't think you need to smack lap I'm sure five boys is a lot I mean I have four girls It's a different energy Right Yes But you don't need you can talk just pause stop in the moment We're all so busy I think sometimes we forget that kids want our attention so badly They act out in negative ways just to get attention So maybe if we're just present maybe if we just listen get on their level eye to eye and listen to what they have to say I don't think you need to slap them on the hand even I don't it's communication all day So we talked about being to have communication You have to have communication Like I mean once you get physical you're just basically saying like I'm done talking I'd rather revert to physical physicality and that's really easy way out easy way out You tell me you can't figure out how to talk to this kid Yes I get he's doing something insane Probably almost jumping off hilariously Can I bring this Natasha and Dylan Yeah Wait wait wait what about Natasha and Dylan It was adorable He was doing something that was gonna hurt himself and she was like Dylan don't do that or you'll hurt your head and it won't work and he stopped Did she put it in terms that he can understand And it's the truth Dylan if you jump off if you play on that chair there's a good chance you fall So these are the consequences What I do want my head to work as simple as that I do want my head to work I just coming across as a parent don't do that because I said so I used to get it because I said so a lot no kids gonna listen to it because I said so Oh that's what you said when you were 10 and your mom was like clean your room and she was like because I said so and you're like I'm never gonna do that because she said so who are you What how's your room these days Exactly I don't know How is it I don't know I'm asking you I don't know your room It's not the cleanest it's not dirty but it's not like I'm one of those that like will like yesterday's pants are for sure Hanging off a chair like it's not like I'm not an clean Ok Yeah All right never learn the value of it I said OK you did a great job You did a great job Um You can be here in a few weeks Your mom um Yes you have to be present at uh for the moment with our Children Uh because the reason kids act out is because they are trying to get attention and don't know how to I think you need to have your own show with ABC Do they do they know this Do they know that I tell them I tell them that parents should call in with problems and ask you and have a good answer for that Be a really great correspondent on Good Morning America The the children's expert mom

expert expert Oh you should come up with a word What Oh Yeah Yeah Yeah  
Yeah You have a a mug here Mom focus and Andy Waldman love Andy  
Andy is amazing Talk about a support system You know everyone in life  
needs support This is cheers to Andy Waldman because he makes people's  
dreams come true He likes to give voice to the voiceless It's really important  
I love that Yes I know we met you outside of creation and you were talking  
about how you were on ABC and then we started watching it I was so  
excited even though again I don't obviously have Children or nor do I really  
know what I want in that department But like I was watching I'm looking  
forward to interviewing you in a couple of years when you're a mama OK  
I'm here Ok You'll have this and you will have this like segment about me  
being like I don't know My whole body is like this And then next thing you  
know I'm like oh never never say never I never yeah I never said never I  
actually stopped saying things like I don't want and then I said if it's what is  
in plan for me then I'm open to that Um Where can people find you for all  
the information and all of your expertise Because like a lot of people that are  
really like vibing with everything you're saying guys that's so awesome Well  
I think we all learn from each other It's not a one way road Um But I'd love  
people that follow me at L A magazine on Instagram Twitter Facebook Um  
And that's where I kind of do everything amazing So that camera is right  
there for you Number three let them know where where they can go Exactly  
Right Everybody you could follow me at L A mom magazine on Instagram  
Twitter Facebook I always answer my DM So if you want to be on my show  
if you have an important parenting topic reach out to me I'd love to hear from  
you Oh thank you so much for being on our show I've learned so much in  
this short amount of time having you on and I do think you should be a  
correspondent with Good Morning America and continue the journalism by  
changing people's lives as a mom and giving expertise I love this It's so great  
having you on our show Great being here Thank you Both of you have such  
great energy love your show love what you guys are doing Thank you so  
much I love what you're doing with your Children and and inspiring all those  
parents out there um for and all that information Check out L A moms  
magazine Um We will be right back after Oh we're we're ending the show  
Look at this I'm gonna have coffee today No I know Crazy Anyway  
wherever you are I hope you find the good day for it to whoever you may  
thank you for being on our show again and we'll see you guys tomorrow  
Have a great one Wow I'm like this is like such a hot topic for so many  
people Do you find a lot of um and a lot of you know a chance and love what

scare us and