

# GDL May 10th, 2023

<https://silosolo.com/112195>

## Summary

The video is an episode of Good Day Live, streamed live from Los Angeles, California. The hosts, Kyle True Blood and Michelle Mira, discuss it being Wednesday and hump day. They mention going to a restaurant and not being able to handle alcohol. They promote upcoming stand-up performances by Kayla Heard and Selena Ring, showing a clip of Selena Ring's stand-up. They mention being on multiple platforms, including Amazon. They talk about moving studios and mention Heidi Klum being a supermodel. They discuss Kyle's mother being focused on grammar and vocabulary. They mention being on the Big Bear channel and seeing themselves on TV. They comment on changing the set of Good Day Live and mention the graphic and the yellow dress Michelle wore.

## Silo sample questions

- Who are the hosts of the show?
- Where are they streaming live from?
- What did they discuss about the day of the week?
- What did they mention about going to a restaurant?
- Who are the upcoming stand-up performers they mentioned?

## Topics

Introduction and welcome

Discussion about the day of the week and hump day

Talk about going to a restaurant and not being able to handle alcohol

Promotion of upcoming stand-up performances by Kayla Heard and Selena Ring

Showing a clip of Selena Ring's stand-up

Discussion about being on multiple platforms

Mentioning the move to new studios

Talking about Heidi Klum and being a supermodel

Discussion about grammar and vocabulary

Being on the Big Bear channel and seeing themselves on TV

Changing the set of Good Day Live

## Key Takeaways

- The hosts are Kyle True Blood and Michelle Mira
- They are streaming live from Los Angeles, California
- They talk about it being Wednesday and hump day
- They mention going to a restaurant and not being able to handle drinking alcohol
- They discuss upcoming stand-up performances by Kayla Heard and Selena Ring

[Click here for the full transcript](#)

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